

GLUTTONY - The One Sin You Cannot Hide

Sermon Title: **GLUTTONY - The One Sin You Cannot Hide**

Sermon Number: **4003**

Speaker: **Nathaniel Hawthorne Bronner, Jr.**

Links to audio sermon – *Windows Media Version is best, MP3 is 2nd best:*

Windows Media Version <http://www.theonlineword.com/s/4003.wma>

MP3 Version <http://www.theonlineword.com/mp3/4003.mp3>

TheOnLineWord.com

and

AirJesus.com

TheOnLineWord.com

AirJesus.com

Welcome to Brothers of the Word, because, Brother, you need the Word. Today it is the third message in the seven-message series in the 40-Day Miracle. And the 40-Day Miracle is a 40-day period that you participate in this thing with us, it will change your life, your outlook, your spirit and everything around you. Simply go to 40day.com, read all about it. It won't cost you a dime, but it is worth more than a fortune.

Today, the 40-Day Miracle is going to be about dealing with and counteracting what the Church defined over 1400 years ago as the seven deadly sins. The seven deadly sins are pride, envy, gluttony, lust, anger, greed and sloth. Today is going to be dealing with that third deadly sin, the sin of gluttony. And today's message is simply entitled, "GLUTTONY - The One Sin You Cannot Hide"; the one sin that you cannot hide, gluttony.

Proverbs 23:2 says this: "And put a knife to thy throat, if thou be a man given to appetite". The New Living Translation says this, "If you are prone to overeating, put a knife to your throat." Now, that seems kind of harsh; but that is literally what has happened in modern society. If you go to newsstand now, virtually every magazine is going to have an article in there on weight loss. Just go check, go check the magazine stand. Go to any magazine stand and look at any of the general magazines that are not specific in some technical area -- now, if you go look at a magazine that is dealing with boats, you may not find a weight-loss article -- but if it is any magazine dealing with general-interest stuff, 90% of the time you will find something on the cover dealing with weight loss. This is an issue of *Newsweek*, it's the August 2004 issue, and it's just simply entitled "When Fat Attacks". It deals with the scientific and the technical explanation of the fat cell and why the fat cell is so difficult to deal within and why it is such a problem, and as it goes through all of this scientific stuff, it boils down and it says this statement: When you deal with any weight-loss expert -- I don't care what their specialty is, what their technique is -- they say all of this stuff boils down to one simple thing, you have to eat less and exercise more. I don't care what they call it; whether they call it low-carb, high-meat, low-sugar, I don't know what they call it. It boils down to one simple thing: you have to eat less and exercise more. That's the whole weight-loss industry in a nutshell, and nothing else works.

Now, we are part of a health-food company, we make a weight-loss product called Cerum 7 at cerum7.com. It works. But it will only take off about eight pounds; and the problem is, to keep that eight pounds off, people have to keep taking the product. So for permanent weight loss, the only thing that works, really -- and none of the other products do any better -- the only thing that really works is for you to eat less and exercise more.

So what Proverbs says, it says, “And put a knife to thy throat, if thou be a man given to appetite”, meaning if you cannot control your appetite. And when you understand the digestive system, the digestive system begins with the mouth and it ends with the anus; now, you know what that is, but it begins with the mouth and it ends with the anus. It is one long, continuous tube that has no break. It’s one long tube. The mouth goes to the throat goes to the esophagus and the stomach and the small and large intestines and the colon, but it is all one long, convoluted tube of about 30 or 35 feet long in the average American adult. The only other way to successfully deal with weight loss is called gastric bypass surgery. What they do with gastric bypass Surgery, they cut your stomach open, go in and either suture or staple your stomach shut. If your stomach was as big as a basketball, they staple it down to the size of a baseball. All of the stomach is a part of the one long tube that the throat is attached to. And what American society has gotten to, if you cannot control your appetite, the only other solution is to go in and cut you with you a knife and cut your throat. So even though it was all Biblical, that is exactly what we have done in the modern. If you can’t control it, now, I don’t recommend gastric bypass surgery, because any major surgery has some major stuff that can go wrong; but if you can’t control your appetite, it’s better for you to have gastric bypass surgery than to have all of the excess weight that's extremely detriment to your health.

Now, today’s message is kind of deep and it’s kind of rough; but it is necessary. Turn to the person sitting next to you and say, “It’s necessary.” It’s rough, I’ll tell you right off the bat; but it is necessary.

First of all, the problem, the problem was best summed up by *Charisma Magazine*. Pastor James preached a sermon called “The Eight Keys to Optimum Health”, and he brought in an actual copy of the magazine. I really admonish everyone to go and read this. You can read it online at charismamag.com, it’s the July 2004 issue. The whole cover is devoted to one thing, and it says one big thing on the cover. It says, “Why is the Church so Fat?” Now, they should have used some more politically correct language. They should have said “Why is the Church so Overweight?” “Why is the Church Dimensionally Challenged?” But they just put as straight down like it was; they said, “Why is the Church so Fat?” The estimates indicate that more than 400,000 people will die every year due to improper diet and inadequate exercise. It says, “If the current trends continue, by next year this number will exceed half a million people, making obesity and being overweight the leading causes of preventable death, even going beyond cigarettes.” When I did the statistics, every weekday over one person every minute will die from being an overweight, from all of the complications; and all of the medical experts said not just some diseases, but every single disease virtually known is made worse by being overweight. From the leading killers of heart disease and cancer and kidney failure and diabetes, and then all the rest of the stuff, arthritis, your arthritis is worse because you always have too much stuff on your frame. Everything is made worse by being overweight.

What I am doing right now, this is a clear book bag. For those of you who listening to me over the internet or have a tape or CD, I am strapping on the front of me right now a clear book bag that students used in school. They have them clear, so they can make sure there are no weapons or anything in bag; but basically this is a clear book bag that instead of putting on my back I am putting on my front for a purpose. I am going to ask Pastor James if he would help me. If you would, look in that box and give me a brick. Put this brick in. Now, that's one brick. Over one person per minute will die due to excess weight; 64.5% of Americans are overweight, that's virtually two out of three, two out of three.

Bring me another brick and put it in here. *Charisma Magazine* says that although some groups are affected more than others, black women have more obesity than women of other races. Surveys show that blacks practice religion more than other groups. Studies show that obesity is highest in states with the highest religious affiliation. Southern Baptists have the highest weight, and Jews and non-Christians have the lowest. Now, this was basically what it's saying: the states with the most religious Christians are the fattest states. The race with the most religious people is the fattest race. The Black women are fatter than the black men, but you will notice, the women are far more religious than the men. So it's saying within the fattest race that is within the fattest religion in the fattest state, the gender that's the most religious is the fattest. Bring me another brick.

Basically, what the fat say is this: "The more we practice traditional Christianity, the fatter we are." The stats say that the fatter we are, the sicker we are. So by that same correlation, the more we are Christian and the more Christian and the more we go to church, the sicker we are getting.

People, can't you all see there's something wrong with that picture? There is something seriously wrong with that picture, and you don't have to go any book to check the stats; all you've got to do is go to church and look around.

I told you this was going to be a rough message, "GLUTTONY - The One Sin You Cannot Hide" and I knew it was going to be a rough message; but, people, I would rather be rough and change a few of you than have to go visit you in the hospital because of something I didn't say. And I will tell you that in the vast majority of cases that are overweight, it will cause all kinds of sickness. How is your heart going to hold up carting around all this stuff? No wonder the heart diseases are going through the roof. No wonder the cancer rates are going through the roof, no wonder the kidneys are failing, no wonder the pancreas is flopping and we've got to get on insulin, no wonder -- we carry a lot! Bring me another brick.

We've hardly run out of all these stuff; no wonder. Now, you see these bricks are piling up in here. I would rather tell you this now and hope you listen than have you suffer and die early, because, people, I'll tell you, when you get in the hospital -- I

am going to just be blunt about it -- there's not much the preacher can do for you. We are about as Holy-Ghost field as any preachers I know; but how many people have you gone to the hospital to see a lot, you laid hands on them and they went home with you, how many? How many? Zero.

Brother James shakes with the power of the Holy Ghost. Brother James, how many people have you gone in to see at the hospital and you were able to check them out with you, how many?

BROTHER JAMES: Zero.

PASTOR NATHANIEL: All right. So, people, I'm going to tell you. I'll come visit you, but I am not going stay but an hour at the most! And you are not by all probability going to be leaving with me, so you better listen now to keep yourself out of this situation. And unfortunately, somehow we have lost it and missed it in the Church. Sickness is not of God, but the stats are showing the more we go to church, the sicker we are getting! So, something is wrong. We are missing the knowledge and we are missing the focus that is causing us too much pain, and it is causing us too much misery, and in a lot of this stuff, it is rooted; we are finding that the people who are the healthiest, they have the healthiest diet, they are able to control their appetite, they are slimmer and, as result, they have less disease. And we should not have it as the Body of Christ. And how are we going to represent the Body of Christ with bodies that don't look like Christ?

A revelation hit me even this morning as I thought about it. Now, in America, blacks are the fattest; whites are second; Asians are third. Actually, I believe it is blacks and then Hispanics, American-Indians, whites and Asians. Asians, one of their dominant religions is Buddhism. If any of you have ever seen a statue of Buddha, Buddha is fat. All of you that have seen Christ and every depiction of Christ, Christ is always slender. So I was sitting here trying to wonder, how is it that the Asians who worship a fat Buddha are slender and Christians who worship a slender Jesus are fat? I said, "Something's wrong!" I have never seen a picture anywhere of Jesus with a potbelly, never! But every picture I see with Buddha, he's got this big old belly like he's pregnant. So I am saying to myself, "What is wrong with the people who worship Buddha they are slender and the people who worship a slender Christ, we are fat? It looks like we are following Buddha, and they are following Christ!"

So I said, "What is wrong with the Church that we are this out of whack and have this kind of sickness?" *Charisma* said that one of the first problems that we have in the Church is recognition of the problem. No matter what the situation, we are unlikely to address a problem without first honestly recognizing it. And when it comes to obesity in the Church, we have failed to acknowledge the problem and, more important, we have ignored the spiritual issues relating to it. In other words,

Charisma said, "We are fat, but we won't admit it." And you see, because the people around us are overweight, it makes everyone feel comfortable. See, in America, two out of three of the people are overweight, so it makes everyone comfortable with it; and as a result, we don't recognize it. And the problem is that a lot of the people that we need to lead to Christ -- and *Charisma* made this statement -- that the unsaved folks are saying, "If God can't help them close the refrigerator, how powerful can He be?" Bring me another brick.

Now, I've got quite a number of bricks in here, and these bricks are getting heavy.

If God can't help us close the refrigerator, how powerful can He be? Well, why is it, people, that we are this way? It boils down to a simple fact, because most people conform to the land they are in. We found that out when we went to Italy. I lost weight when I went to Italy, and I lost weight when I went to Italy because everyone in Italy eats smaller portions than we do in America; and everyone left dinner hungry, but everyone lost weight. That's why when we went to Italy, virtually none of the Italians, we did not see any overweight Italians at all. And they eat all of these rich food; but they eat smaller portions, and what they do is what the 40-Day Miracle instructs you to do. In the 40-Day Miracle, there is a daily proclamation that you must read morning and before bed. The proclamation that deals with gluttony says this: "I pledge that I will stop eating before I am full. Health experts and medical research have long confirmed that we live longer and are healthier if we stop eating before we are full. Therefore, I will leave the table still slightly hungry. This helps me to control the flesh's strongest physical craving, which is food, and helps me to control gluttony. Whenever I eliminate one thing, my body and mind have a tendency to compensate with something else; often, that compensation is food. I will stop eating at each meal before I am full." Bring me another brick.

What happens with the people who are slender? They just don't eat until they are about to bust, and that's what we do. We don't feel like we've had a good meal unless we just sit back and pat our belly and say, "Aaah." We can't hardly breath, we can feel belching all inside, you understand? We just like to pack ourselves. Medical research over and over has done animal studies, and the studies show that eating less will prolong the life in animals 30% to 40% longer, simply by not letting the animals eat until they are fully satisfied.

Well, where did this behavior come from in the first place? Much of it came from parents, because we tell children to eat until your plate is clean -- not eat until you are full, but eat until your plate is clean. If you look, God always places the natural nature in you of what you should do if you can learn to listen to the body. That's why children after they eat a certain amount will go to doodling over their food and playing, they won't eat any more. But parents will come and say, "You better finish that food. You better finish that food, better finish that food. Don't you know there's

people starving all over the world? Finish that food.” As a result, as adults we are trained not to leave anything on our plates; so even when we are full, we will keep on eating, we will keep on eating, and we will keep on eating. James brought it out even in his message how they have done studies, and the bigger they increase the portion, the more people will eat. In a restaurant if they bring you a small portion, that’s all you’ll eat; if they bring you a big portion, you’ll clean the plate.

That’s why in the 40-Day Miracle, in that third portion, controlling gluttony, you must never eat until you are full; you must get up from that meal feeling slightly hungry. Give me another brick.

This is a lot of bricks. And if we can learn to do this, it will help us lose weight; and losing weight, people, is not just health, it’s also emotion. Much of our weight is due to emotion. When we are depressed, we eat. When we are lonely, we eat. When we are stressed, we eat. Food is a drug, let no one fool you about that. It kills 30 times more people than all the illegal drugs in America put together, including alcohol; and yet we will look at the alcoholic, we will look at the drug addict, and say, ”That’s just a shame.” Food kills 30 times more people than all of the alcohol and illegal drugs in America put together, including the violence associated with it. So(NO COMMA) it’s a deadly thing! That’s why the first thing that God told Adam that he should not do was what to eat. It was the first commandment, and it is still the deadliest thing that we do on a daily basis. Bring me another brick.

And if we can learn to control our appetites, we will learn to control so many of the things in life. Let me just tell you just a couple things of what you can do. First of all, you need to learn how to listen to your body, and you are going to need to learn to eat, if you will. For example, if you are hungry and you just buy some apples, do you know there are just so many apples you can eat? One thing will happen as you eat maybe two or three apples, the taste of the apple will change. Try it. The taste of the apple will change. This happens with virtually all food straight out of nature. As the body fills and as the body gets to the point where it has had enough by the body’s standard -- not by the mind’s standard, by the body’s standard -- the very taste of the food will change. It does not happen with cooked food. Cooked food, you just keep on eating until you are just about to bust. But if you are eating fruit and uncooked food, the food will taste different.

When we had gone on the cleansing fast and we were allowed to eat raw food, I had some raw peanuts, and they were raw and still in the shell, I was just telling them I was hungry, “Whoo, these peanuts are the best peanuts I’ve had in my life? Whoo, these peanuts are good, whoo-who. Whoo, these are some good peanuts.” Now, Puddin’ wasn’t on the diet. But I was raving so much about those peanuts -- ”Whoo, these are the best peanuts in the world, whoo-who-who!” -- Puddin’ said, ”Let me try some of those peanuts.” You know, see, that’s the thing of anointing was, I was just raving about those peanuts, and Puddin’ wanted to see what those peanuts

tasted like. Puddin' got herself some of those peanuts, she said, "Shoot, these things are stale." They didn't taste anything like that; hunger changes the way it tastes to you!

So if you learn to just eat more of the things that God as He placed it in nature, it will start to change your taste buds; it makes a difference. And, you see, long before you reach a point where the stomach is truly full, the mind will suddenly send you a signal saying, "You've had enough." When you get to that point, people, you have got to learn to develop the discipline to say, "Stop and not another bite." Turn to the person sitting next to you and tell them, "Not another bite." This is the point. And, see people, don't you know how America has programmed us with "have it your way", "you can't eat just one"? You understand, this is all programming! "Obey your thirst", you are not supposed to obey your thirst. The body and the flesh in this will always have you messed up. You've got to understand these things, so that's a part of the 40-Day Miracle. You learn that for every meal during those 40 days, you will develop a discipline if you can just get to the point where you do not eat, and you stop before you are full! Bring me another brick.

And I know you're saying, "Why are you putting all these bricks?" I've got nine bricks in this clear bag that is hanging; this thing is heavy, too. Do you know what these nine bricks represent? Let me tell you. These nine bricks represent the average American male and how much overweight he is. The average American male is carrying around -- this is the average, not the real deal -- this is the average man who is 5'9" tall. Now, I am 6'4", so I am much taller than the average man; but the average man who is 5'9" tall, this is how much extra weight he is carrying around with him every day.

Jesus says, "My yoke is easy, and my burden is light. We are not supposed to be carrying all this heavy stuff. "My burden is light!" When you get on the 40-Day Miracle, you get the power to throw that stuff off of you. I feel a whole lot better, I can tell you that right now; whoo! That feels better! But this is what we're carrying around every day!

For those of you who are watching by television, I am out of time. But you can go to 40day.com and read all about this program, download the sermons. You'll be able to listen to this absolutely free of charge. It will change your life in 40 days, 40day.com. We thank you for joining us here Brothers of the Word, because, Brother, you need the Word.

Today's message is a deep message. It is kind of a sticky message, because to be honest about it, two out of three people that are hearing me -- whether you are here in person, whether you're listening over the internet or whether you are watching by television -- two out of three of the people listening to me today have what's in that bag on them want more. So(NO COMMA) it is a touchy and a difficult thing to

deal with. Let me tell you something, people. A lot of this is emotional. It's the advertising of society, but gluttony is also a spirit. I've experienced it, I know. It was before I was married and I was single, and God let me experience some things just so I would even know. James remembered at the time, a spirit hit me and I couldn't get full. I just couldn't. Have you ever been at a point where you just couldn't get full? I could not get full. And it stayed on me for weeks, and I could not get full. I could eat two full meals, and I still wasn't full! And I said to myself, "What?" I was talking with James about it at the time. I said, "Man, I don't understand what this thing is. I cannot get full."

Fortunately, my body stayed slender and I never gained weight; but I couldn't get full. God let me just experience the actual spirit of gluttony. It's real. It's a spirit, just like lust is a spirit. Now, some of it is just natural in the flesh; but some of it is truly supernatural. Most of it is not, but some of it is. And we have to learn how to deal with it. Whether it is in the natural or whether it is in the supernatural, we have to get these spirits off of us. Sometimes what will happen, especially a lot of women who have been abused, the spirit of gluttony gets on them, because they will satiate other physical voids. And sometimes, people, when we are void of love, we try to fill it up with food! And we'll eat, and we'll eat, and we'll eat, and we'll eat, and we'll eat.

God is trying to take us to a point where we can shed the weight and have a light burden. Some bodies are naturally more prone to holding weight than others. You know, some people can just eat all they want, and they just never will gain a pound, and some others, they just look at food hard. But we're eating something.

Regardless, I will tell you that often just because your body is sensitive to weight, that's not necessarily a bad thing. My body has far more sensitivities than most people's. I was in a restaurant. I walked in -- this has been about ten days ago -- and as I walked in, a lady looked at me, and she's looking and she said, "Wow," she said "your skin is beautiful." She said, "It's flawless." I said, "Well, thank you." I went home, I said, "That skin isn't flawless." But a lot of people tell me that about my skin. But let me tell you something about my skin, people. I have some of the most sensitive skin on the face of the planet. Two days ago, I went to the health-food store, and got some tofutti ice cream, which doesn't even have dairy in it; it was a little eight-ounce thing of ice cream; and I was eating it, and before I could finish that little carton of ice cream, I felt two bumps pop up on my face. My skin is just as sensitive as it will be. My skin doesn't wait until a week later for bumps to pop up; you know how it says in the Bible while the people are still eating the stuff got? My skin reacts while I'm still eating the stuff. So(NO COMMA) I've got some of the most sensitive skin in the world. It will grease up, bump up in a flash. But it helps me to monitor my body and my life. And actually, I praised and I thanked God for it. I said, "Lord, I thank You for giving me an instant warning system. Whenever I'm doing something wrong, it is going to instantly pop up on my skin. As a matter of

fact, from that ice cream, I think Lucretia did a good job of covering it up; but that bump is still there. It popped up before I could even finish eating the stuff.

Some of us have bodies that are sensitive; God has placed within the flesh of us mechanisms that will warn us right off the bed that we are going overboard. And it can be a blessing, but often we don't heed the blessing. Some people have just as sensitive skin as I do, and as a result, they have acne all over the face, because they don't heed the message that God is trying to send unto us.

Gluttony is a big issue within the Christian Church. We have more of a problem than anyone else. And people of color have a greater problem than anyone else within the Christian Church. God wants to take this burden off of us. If you do this 40-Day Miracle and if you can make it 40 days -- 40 days is the period that breaks old habits -- it will change you forever, and you'll be able to push away and stop before you're full. And so what if you leave it on the table? It's almost like we have been programmed it's just a sin to leave food on the table. No, it's not; it's a sin to keep eating beyond what you're supposed to. Better for it to go to waste than on your waist. You understand that? It's better for the food to go to waste than on your waist.

Oftentimes when we were dealing with issues and they are spiritual, it requires spiritual mechanisms to combat spiritual things. I am going to ask Minister James to come, and I want him to lay an anointing on everyone who has issues of controlling appetite. "I'm not going to do it." "Well, Pastor, why are you going to?" "Because I've got a problem with it, that's why I'm going to do it. I have a problem with it!" I still battle with it right now. I am still about three pound heavier than what I was. Now, I am in pretty decent shape; but I am not where I want to be. I still have a big appetite, I still have a problem pushing away from the table; I still have a problem with food. Pastor James does not, and he never has. We will go to eat, he will eat half of what I'll eat, and even when I was his size, I still ate double what he eats now. He has the thing conquered. Now, I don't know about Thealizia; but I know that James does. And sometimes, see, you can't anoint someone with something you don't have. Just plain and simple, you just can't do it! You can't pass on an anointing that first God has not placed within you, and I struggle with diet. So many of you do, also. And sometime that stuff is even beyond the natural.

Now, for those of you who come for this anointing, I only want those to come who are going to do the 40-Day Miracle, because even an anointing without an action is no good. Anointing only gives you the kind of zeal and the power and makes the way for you to get something, but it is still going to require some action. So he is just not going to be able to cast out a fat demon, and you go right back to the chocolate cake, right back to eating late at night, right back to all of the stuff that you know you should not be doing. The 40-Day Miracle of not eating to full, that's only one; but that is the part that will give you a great deal of control over this gluttony spirit. If

you can just do that, if you can just push away the minute you feel that you've had what you know is enough -- not what you want, but what you know is enough -- and before you are full, when you get the power to push away from that table, after you do that 40 days, you will have power to conquer this thing.

"But, Pastor, what happens if I'm on the 40 Days and I mess up and I eat until I'm full?" Then you must skip two meals that you would normally eat, that's the sacrifice. Now, if you are not eating breakfast, you can't count that as skipping a meal. You must skip. If you mess up and you eat until you are full, you must skip two meals that you would normally eat; that's the sacrifice. See, any time you violate, you have to make a sacrifice that frankly is going to hurt; but you aren't going to do this thing again. There's no need of you making a sacrifice that doesn't have any pain to it, because you will go right back in it. So(NO COMMA) this is the way it works.

So for those who really want to make a change, Brother Pastor James, if you come and just those who will. Now, don't be embarrassed about this, because like I said, the title of this sermon is "GLUTTONY - The One Sin You Cannot Hide". You know, some people say, "Well, you know, if you wear some vertical stripes" -- I don't care a flip. You can't hide that stuff.

But you can get it under control. We can get our bodies under control, we can get the spirit, we can get the flesh. Why do you think Paul said, "Look, I have to crucify my flesh daily?" Who do you think he was talking about? He said, "I have got to beat this thing daily." I have a battle with my flesh, and this is not something that is just going to go away. If you have a problem over eating now, more than likely, the tendency of that thing will still be here ten years down the road. But you can conquer it where it will no longer master you. And the longer you stay away from where it masters you, the weaker its force gets over you.

God wants to break some things, just in the spirit of gluttony, for eating just too much. And it goes along with being in the Promised Land. One of the reasons why the Asians are slender is because they don't have the kind of food we do. America is the Land of Plenty, and when we have the Land of Plenty, we have a tendency to feast ... and feast ... and feast.

So, Brother James, if you would. And for those who want a touch from a man who has mastered -- and I know he has; I know him; I have been with him longer than his wife, and she can tell you. He's got it mastered. I have seen him. We go places to eat, he says, "That's all." He has the anointing to fight gluttony. I do not. Now, see, if you've got it, you can join Brother James; but, see, I know what I've got and what I don't. I want to try the food. I don't have it. I need to be the first one in line myself. I need to get an anointing with that myself, because I have a real battle with food.

So, if you all don't mind, I'm going to be the first one in line. See, and all of us have weaknesses in the flesh, people. We all do. But the first thing is, we have to first of all recognize it and say unto ourselves, "Look, you have been buffeting me; but I'm getting ready to take control." That means I'm getting ready to take control, and that's why the first line of that proclamation, "Lord, I surrender my will to Thy will."

Do you think God wants you out of shape? Do you think He does? Just ask, do you think He does? No, He does not! God wants us to represent His people. We are the Body of Christ. And if God wants it, all we have to do is get our will lined up with his.

So, Brother James will come, and I was serious -- I'm serious. I have an issue with this food. The food is no joke. Food is no joke. It's rough. It's rough, there are no two ways about it, it is rough. But we have to acknowledge it, and one of the problems -- and much of the Church has an issue with it -- is because the Pastor can't master it. And do you know, actually, in old country churches, the Baptist pastor was known by the roll of fat behind his neck. I'm telling the truth. He was known by the roll of fat behind his neck, so he could never impart an anointing on the people. When he's got a big roll of fat behind his neck, he just can't do it!

So, James, he doesn't have a bit of fat on him. When he went for his checkup, the doctor couldn't even hardly put the calipers on him to pinch the fat, because he was so lean. You need some lean anointing, you understand? So you need some lean anointing on you.

So, Pastor James, I am turning the service over to you now to handle in whatever manner that you see fit. I am convinced beyond a shadow of a doubt that you are one person that has mastered the spirit of gluttony.

PASTOR JAMES: This may be a strange and unusual thing that I have never seen before, laying hands on for such a thing; but I didn't know the Pastor was going to do this, but it's actually no surprise, because when I was handing him the bricks up here, something came over me that I didn't understand. Each brick I handed him, I noticed my body for some reason I was just feeling my stomach was just extra-full, and I was up here thinking to myself, "What did I eat this morning?" I said, "I am just about to pop up here." And I thought back and said, "I have been not even eating until I'm full." And all I have had since last night is 16 ounces of juice, and I've used the bathroom about three times, so, there, that's gone. I couldn't understand, "Why am I just feeling like I am about to pop?" I was just going back through everything.

But I understand now, it was a fullness anointing that He was placing on me. So, it might be strange, but how many of you know nothing is too hard for God? So just

open your minds and yours spirits, and even though we have never seen it, I can tell you, I am full right now. Nothing natural is in my stomach, but yet I feel like I have just left Golden Corral. So, just open your spirit.

PASTOR NATHANIEL: Tell the people that are even listening via the internet to just raise their hands and to keep listening. This will continue to play, even though they may not hear anything but soft music. Just raise your hands if you are listening over the internet or by tape or however, and just keep your hands up so that you can receive the Fullness Anointing. I don't care how crazy it sounds; just keep your hands up. What do you have to lose? Just keep your hands up as you listen, and let this play all the way out to the end. And just imagine that He goes through and He anoints with oil the people who are standing here. You raise your hand and expectations and open your spirit to receive the Fullness Anointing.

PASTOR JAMES: Let us pray.

Lord God our Father, You don't desire for Your children to be sick, for even as earthly parents, we know how it hurts our hearts to see our children sick. So, Lord, we pray this day for You to release the Fullness Anointing upon Your people, oh, Lord. Lord, as they stand before You right now and as they are listening over the internet, I pray, oh, Lord, that You will send Your anointing unto them to rearrange even their stomachs, oh, Father, for man fills up the stomach and the natural, oh, Lord; but how much more can You do in the spiritual than man can do in the natural, for you created the belly, oh, Lord? And Lord, we ask, oh, Lord for supernatural gastric surgeries right now, oh, Lord. As I pray you unto You, oh, Lord, I pray those listening over the internet, that you will touch them with your angels, oh, Lord, as I cannot be there to touch them. I pray those that are standing here, that as I pass by and touch them, that You will release a Fullness Anointing in their bodies, oh, Lord; that You will perform a supernatural, unseen surgery upon their stomachs to shrink the size; that they'll be supernaturally full even before their physical stomach is full, oh, Lord. We believe in You, oh, Lord; we trust in You. We have faith in You, oh, Lord; that this thing is not too difficult for our God to do. In the name of Jesus, we pray. Amen.

I release the Fullness Anointing, and I pray that she'll feel full even before she gets full.

I release the Fullness Anointing, and I pray that she'll feel full even before she gets full.

I release the Fullness Anointing, and I pray that she'll feel full even before she gets full.

I release the Fullness Anointing. I pray that she'll feel full even before she gets full.

I release the Fullness Anointing and pray that she'll feel full even before she gets full.

I release the Fullness Anointing and pray that she'll feel full even before she gets full.

I release the Fullness Anointing. I pray that she'll feel full even before she gets full.

I release the Fullness Anointing. I pray that she'll feel full even before she gets full.

I release the Fullness Anointing. I pray that she will feel full even before she gets full.

I release the Fullness Anointing. I pray that she'll feel full even before she gets full.

PASTOR NATHANIEL: If there's anyone else, come on up now. And I'll tell you, when he placed his hand on my stomach, I had to burp. I'm serious! I said, "What in the world!?" And I don't even burp when I eat; I had to burp.

Never discount what God is doing and the power that He possesses. And don't wait, leave here and think, "You know, I wish I had gone up there." If you know that you have an issue with diet, come on up and get the Fullness Anointing; come on up, come on, come on, come on. Don't worry about it. Come on, come on, come on.

PASTOR JAMES: I release the Fullness Anointing, and pray that she will feel full even before she gets full.

I release the Fullness Anointing. I pray that she will feel full even before she gets full.

PASTOR NATHANIEL: Amen, amen. Do we have any men and you have a problem with your diet? Are there any men that have a problem with their diet? No men at all? Come on up, come on up, come on up, come on up. And, see, a lot of times, now, you may say, "Well, they don't look all that sick." I look fairly slender; but I have some issues with my diet, I just do. I just eat too much. Amen.

PASTOR JAMES: I release the Fullness Anointing. I pray that he'll feel full even before he gets full.

I release the Fullness Anointing. I pray that he'll feel full even before he gets full.

I release the Fullness Anointing. I pray that he'll feel full even before he gets full.

PASTOR NATHANIEL: The reason the music has stopped is because the musician had come down. Amen.

PASTOR JAMES: I release the Fullness Anointing. I pray that he'll feel full even before he gets full.

PASTOR NATHANIEL: Amen.

PASTOR JAMES: I release the Fullness Anointing and pray that he'll feel full even before he gets full.

PASTOR NATHANIEL: Amen, amen, amen, amen. Amen. People, I truly believe that in 40 days, your testimony will be visible. See, most of the time, you have to tell people what God has done. People will come to you and ask you, "What in the world? What kind of diet are you on?? The Holy Fullness diet. Now, you can just direct them to the 40-Day Miracle. Everyone will be able to go on. And, you see, the anointing, they don't necessarily have to be here to just get a touch. Paul was able to just send a handkerchief. God can send it through the air, and He'll send it through voice and vibrations. See, voice is nothing but electronic vibration, spirit. So(NO COMMA) wherever people are, they can receive this Anointing to get control over their diet; but it is involving the 40-Day Miracle.

There is a part that you must do; and when you do your part, God will see you through. At the end of this period, people will be able to look at you. You will not just be changing for the 40 days; that's not the purpose of this, that's why you've got to understand it. People, everyone who went through the 40-Day Miracle, they will permanently changed. They didn't just go through it to go back. They didn't go through the wilderness to go back to the wilderness. Everyone who went through that 40-day period, they were permanently changed. This is where we're going. This is just one part of it; but it is an important part of it, because God does not want you sick. He wants you healthy and whole and happy.

Does anyone here today who wants to give your life unto our Savoir and Lord, Jesus Christ? Jesus says, "From your bellies will flow rivers of living water." And there is still no substitute for salvation. It doesn't matter; look, I would rather be 500 pounds saved than 120 going straight to Hell. There's no substitute, there's no comparison. This body will die and go to dust; but while we are in it, God wants us healthy. And, see, Jesus' mission on the Earth, He sent the disciples out to do these things: teach, heal, cast out demons and raise the dead. Those were the things that He sent them out to do. So(NO COMMA) healing was one of the first things on the list. He does not want you sick. But if you have not accepted Jesus into your life and into your heart, I invite you now to simply stand and come forward. Anyone for salvation upon this day? Amen, amen and amen.

Amen, amen, amen, amen. For anyone who is listening to us now on the internet, if you're listening on 40day.com and you want to receive Jesus into your life right now, you simply will need to go to VirtualChurch.com. There, click on Salvation. As I said prior, you don't have to be here; all you have to do is open your heart, mind and spirit, wherever you are. Christ will meet you where you are. So just go to VirtualChurch.com, and click on Salvation; and there you will see the Prayer of Salvation, and you'll be able to pray that prayer and invite Jesus into your heart wherever you are, whenever you are, anywhere on the face of this Earth.

If you would, just repeat after me: Dear Heavenly Father, I stand before You a sinner. I know I've done wrong;, but I want to get right. I want to give my life to Your Son right now. I believe Jesus died for my sins, was buried, and rose again. I believe He came for my salvation. I believe that with His stripes, I am healed. Every pain, every sorrow, every weight, Jesus can take away. All I have to do is accept Him and lay my burdens upon Him, for His yoke is easy, and His burden is light.