

# Burned Out

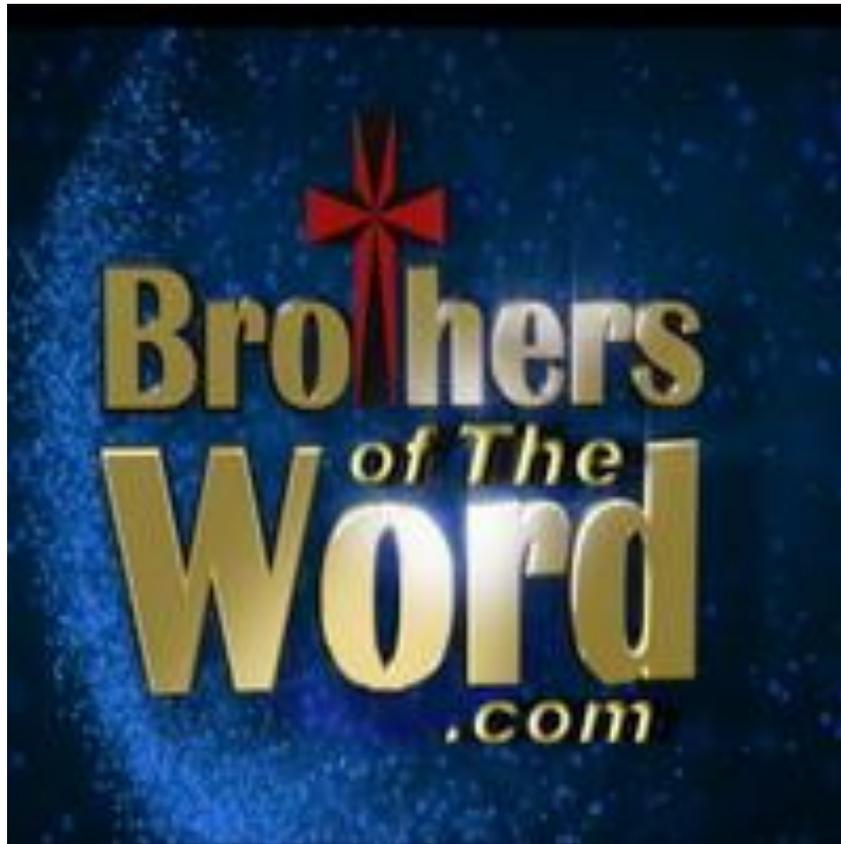
Sermon Title: **Burned Out**

Sermon Number: **4515**

Speaker: **George Bronner**

Link to sermon audio - <http://www.theonlineword.com/mp3/4515.mp3>

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George Bronner: If you're feeling burned out, make a change.

Female: You are listening to [BrothersoftheWord.com](http://BrothersoftheWord.com). This is the sermon titled, "Burned Out" by George Bronner. This sermon is number 4515.

(Music Playing)

Female: And now for, Burned Out.

George Bronner: Hello, I am George Bronner and this my imagination station. So, may I say, I am burned out, and that's what this message is about. As I am speaking now, I am currently on quarantine. And due to that being the case, you would think that I would have even more energy because everything been to my flexibility. My sleep schedule, my work time, by work time I mean school and overall, everything. Entertainment, sports, when I eat, it's flexible around me. Yet, I am burned out.

The reason for this, I'm not so sure, but I surely feel it. I mean, for starters, my sleep schedule has just become terrible. It's gotten to the point that I'm going to sleep when the birds start chirping. It's crazy. With this flexibility, I'm not going to say it comes a great responsibility, but it at least comes moderate responsibility. To keep doing what I've been doing, and if I don't do that, exactly what I'm experiencing right now will occur. I will become burned out. For example, school, school started at 8:30 or 8:20 and ended at 3:30, I think that's when my school started. It's been a while since I went there. And now, school starts probably about around one ends throughout the day, you know, fluctuates. It's crazy. As I've said, flexibility, responsibility and what I do with it is not the greatest.

So, I'd like to ask you how are you feeling? You burned out? Are you well rested? I would hope so. I mean, it's available, you know? Since I'm going to sleep when the birds are rising, I don't have a reason to actually do so. With my current blessings of being in good health, thank the Lord for that.

(Music Playing)

I don't have a reason, I just have a feeling, I just have the desire for entertainment. And there's one thing that kept flowing through my mind late at night every time before I was about to

go to sleep, you're not going to remember this in the morning. The pleasure that I experienced the night before, I'm not going to remember in the morning. The episodes that I've been watched the night before, I'm not going to remember that in the morning, I'm not going to remember that the next night. It's simply going to fade away, not even fade into memory, just fade into feeling being burned out. I mean, hey, at least it was a good episode, at least I finished the season. It's choices and not to say that I regret any or not say that you should regret any choices that you made, but it's choices.

They haven't dreams about my past and school. I never thought that I would really be missing school, but I'm most definitely am to the point that I've had three dreams about it so far, that's a record. So, what I'm trying to say is over this quarantine, if you're not an essential worker because thank you to all the essential workers for doing what you do. You are needed in the communities and to society. Without you, the world would be crumbling. If you have flexibility, it is your responsibility. And not to say that you should do any specific thing about it, but if you're feeling burned out, make a change or don't, I mean, hey, chances are you're not going to remember it in the morning. But just think, you may not remember it, but you sure will feel it.

So, this is my imagination station. I am George Bronner recording this from my rather comfortable home. So, yeah. Remember, you will feel it, even if you don't remember it in the morning.

(Music Playing)

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Nathaniel Bronner: If this message has been a blessing to you and you would like to help support this ministry, go to [iwanttogive.com](http://iwanttogive.com). That's [iwanttogive.com](http://iwanttogive.com).

Female: Listen to [BrothersoftheWord.com](http://BrothersoftheWord.com) often because brother, you'll need the Word.

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