

The Breath of God

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Speaker: Nathaniel Bronner Jr.

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Welcome to Brothers of the Word because brother you need the Word!

Today I'm just going to talk with you on this special day, this special time just about the subject that God's placed in the midst of my heart. Simple subject but yet all of us—not only do we deal with this everyday but we deal with this thousands of times each day and this is what God's just placed into my heart, just placed into my spirit "The Breath of God".

I just want everyone who is either looking at me, if you're watching this on television, if you're watching the video of this on the internet, or whether or not your listening with your iPod, iPhone, other phone, or listening on your computer without seeing. I just want you to just take a deep breath right now. Just take three deep breaths; just breathe in, breathe out very deep, very slow and just pay attention to your breath – now go ahead just follow me. Just take a deep breath in. That's one, that's two, that's three. Now the average person takes about, as an average, about 15 breaths every minute. That's a breath virtually every 4 seconds.

So if you take 15 breaths a minute there are 60 minutes in an hour, 60 times 15 that's 900. So you take approximately almost a thousand breaths per hour. You multiply that times 24 and you have over 20 thousand breaths every single day.

So this is something that every living human being does in every single minute, every single hour, every single day, thousands upon thousands upon thousands of times. But how many times do we stop to think about "The Breath of God". And when you read back in Genesis 2:7 the Bible says, "And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life, and man became a living soul".

Now the interesting thing about these is this, "Every single animal that is not in the sea breaths". Now you'll have some better, sort of animalistic in nature and they're microscopic. But I'm talking about every animal that we traditionally think off as an animal particularly if it's chameleon, if it's a mammal, if it's a reptile and it's on the land. They all fundamentally breathe breath and they breathe the air.

But the yet when you go back and study Genesis, you'll find that God's simply created all of the ever animals and we are the only creature on the face of the earth that God's said "He breathed his breath. That He breathed of the breath of the life into the only creature that He did that with is man"

All of the other animals breathed but we have a special breath. And every time you take a breath that 20 something thousand times a day, you're breathing in something, you're breathing in a manner, you have a different form and a different factor, and a different spirit than all of the other animals of creation. You have "The

Breath of God” and when you think about this even spirit fundamentally means breath. That’s where we get the word respiration from “re-spirit-ation”.

So respiration means breathing its spirit. We’re called a breathing body a Pneuma/Soma, pneuma means breath, means spirit. So when you really analyze it God said that he breathed into man the spirit of life. We have a different spirit than any animal. And God’s spirit allows us to do what no other creature on earth can do and you’re breathing the spirit in 20 something thousand times a day.

Now whenever God’s grants you something, you could always be perverted, misused taken from the life into darkness, taken from heaven in the hell, it can always be misused. But God has given you something that is unique, something that is different that if you understand it, you’ll understand the blessings. See most of us with all of God’s stuff, we just take it for granted. All of us breathe and we never think about it, we never give thanks to God for our breath. We never praise God just for being able to take a deep breath.

Now when I asked you to take those three deep breaths the best majority of you, you were able to take a breath you didn’t cough, you didn’t sneeze, you didn’t have a difficulty with pain in your chest as you inhaled and exhaled. We have the ability to breathe, we have the ability to be able to breathe this magnificent gift God has given us, but like so many other things and so many other gifts of God. We do it by reflex and yet we never take the time to thank God just for the breath of life. And this breath of life that God has allowed, he put into us.

Do you know that it’s the breath that allows us to make words and the words of our mouths; they are not testable without breath? There is no sound without the air that’s why in space, literally, if you were able to talk you could not hear if there were no atmosphere to transmit the sounds. All of our words that we’re able to speak, it’s possible only because we have breath, and we have the breath of life and “The Breath of God”.

And when you go and start studying the Hebrew, and when you start studying that pneuma, that word that means breath. You’ll find that it has many different meanings and nuances where there is actually no pure English equivalent. It has nuances that mean not just the breath that we breathe, and not just the atmosphere. But the very spirit, the very passion, the very way of thinking and nature of God, this is what God breathed into us.

It’s why when – in Genesis He said “Let us make man in our image”. If we are made in the image but He took the dust of the earth, and He put something into the dust that made us into his image. The breath of life and when we take this breath, when we inhale, what we exhale will be determined to by what we do with “The Breath of God”.

I created a movie, and the movie is simply entitled "Breath". You can go and watch it. It's a Flash movie; you can watch on any computer just go to CryoftheSpirit.com and watch the movie entitled "Breath". And it has to do with all of the human beings on earth, we have fundamentally the same God given breath but what comes out is determined by the individual that the breath goes in. You can have a thousand people in the same room, everybody breathes in the same air.

Everyone has been given the same spirit, every one has the same opportunity but if you have a thousand people in a room all breathing the same air, you are going to get a huge variety of what comes out. With some you will get praise and you will get thanks giving. You will get joyous statements. You will get edifying statements. You will get things that build the Kingdom of God and things that build fellow human beings.

Some, when they take in the breath, and when they run it through their lungs, and through their spirit, what comes out is a reflection of God's himself. But there are others who will take the same air, the same breath, the same God given ability, the same spirit, but when it comes out of them it's criticism, it's condemnation, it's poor mouth, it's seeing all of the bad things. Do you know you can take a breath of air right now? If you'll go outside, and right now the weather is rather cool outside. And you can go outside and you can take a breath of air and you can say it to yourself, "My, how refreshing and how invigorating, how crisp and clean this air is." Or you can take that same breath, same air and you can say, "Oh! It's cold out here. Oh! I'm going to freeze to death. Oh! This air is just ruling me."

You can complain or you can praise same breath, same air. We're the only creatures fundamentally, who have the ability to be independent of our circumstances and to be able to put the Divine view on anything that we encounter. God's breathed the breath of life into you. Same breath that breathed into you is the same breath that He breathed into me. Same breath that He breathed into you is the same breath that He breathed into the President of the United States. Same breath that He breathed into you is the same breath that He is the richest person in the world.

But the same breath into you is also the same breath that He breathed into every person sitting on death row in prison. What you do with that breath is going to be solely dependent upon you. You have the choice to make. Now, sometimes we will take our breath in and we'll criticize our circumstances. Well you don't understand Pastor, I was born into this situation, and this is why I can't do what I should be able to do because I was born on the – same breath.

When God's breathes into you it doesn't even matter what your circumstances are. You'll be able to overcome circumstances. That's why people could not accept Jesus

because they expected Jesus to be born in these royal rich magnificent circumstances. They weren't expecting Him to be born in a stable, in a manger. And Jesus could have said "Because I was born on hay, and not a feather bed, I can't do what the Father has sent me here to do. No, He didn't say that. He understood that when God breathed the breath of life and His spirit into Him that all the excuses for not being able to fulfill his Divine destiny disappeared.

God has breathed the breath of life into you. What are you going to do with it? It's a serious question. Do you thank God for your breath or are you almost on the verge of committing suicide? You see that's really what suicide is. It cuts the breath off, and people will breathe their last breath, and they will say to themselves "I don't appreciate the gifted God he's given to me, and I'm going to just end it. You will be surprised on how many prayer requests I get through MountainWings.com and they will come in and so many people will say "Because I got this problem and that problem that I just want to end it all. I just want to give up, and they all list the problems that they have, and most of the time the problems that they're having usually are financial.

So because they are running short of money, often times they'll say to themselves "I want to kill myself just because I don't have enough money". And God has breathed the breath of life into you, and we're not thankful for it. Now people I'll tell you this, if you start doing this, if you just wake up every morning, and just take several deep breaths, and with those breaths just begin in with your first breaths of your waking consciousness. Thank God for the breaths that you have.

You don't understand how valuable that is until you go on some hospital visits. I had a friend who passed away recently who was younger than I was. And as I was there in the hospital with him, he was on a ventilator machine. You don't understand the value of breath until you see somebody or until you are on it on yourself, until you see somebody on a ventilator machine who literally can't breathe on their own. They have this tube that they have to run down into your mouth, and it runs down into mouth into your lungs, and the machine ventilators goes up and down, and it makes your chest all up and down, and he was there on that just gagging. He hated it so much having this tube but he couldn't breathe on his own. You don't understand the value of the divinely given breathe until you run short of breath. Let you just catch emphysema or let you have a bad asthma attack and you can barely breathe and then you'll understand the value of breath.

God has granted, graced, and given us the power of the breath of life. And see, the breath of life it's not just something that just amazed the flesh. That is the difference between the animals and us. God's breath of life didn't just animate our flesh. God's breathe of life animates our spirit, and it deals to us the ability to conquer anything that comes our way, and it gives us the ability to be at peace, to have joy regardless of your circumstances. You've got the breath of life. And if you

can stand there and take a deep breath with no pain, no hacking, no coughing—to be honest about it, you're in pretty good shape.

My father always used to say that a man who has health has hope and the man who has hope has everything. And if you could stand there and just take a deep breath. Oh, I know yes, I know you have issues. But let me tell you these people, there is no one who I know who does not have issues.

Now, there are people I know who appeared not to have issues but once you get into the inner world, everybody have some issues. Everybody have stuff that's going wrong, everyone has stuff that periodically will keep them up at night and they cannot sleep. They worry about it, they are dealing with this thing down the inner side of their soul, or they have stuff that's going wrong in their world that you never see. Everybody has issues but everybody has breath. Everybody has the breath of life granted by God within them but everybody doesn't use the Spirit of God with that breath.

When you use the Spirit of God, you'll be like Paul. Couldn't even—in prison he could sing. When he says, "I've learned how to obey and how to abound. I can be happy. When I have much I can be happy when I have little". When you learn how to use the Spirit of Life, of breath in you – you'll be able to conquer any circumstance, you'll be able to do anything in Christ who strengtheneth you.

People, take another deep breath and I'm going to stop talking for just a second, just to allow you just to breath because you doing this 20 something thousand times a day and we never give thanks for something that we saw often that is granted so much, had we not thankful for it, we don't appreciate it, we don't miss it and until we start having trouble with it, until you get to the point when you can't breathe. And I mean, if you want to really try something, now breathing is one thing, this is something else I want you to try. Just hold your breath for about 15 seconds. Come on just do it. Those of you listening electronically or watching electronically; come on just for 15 seconds, I want you to just hold your breath alright, ready set go (breathing) Whoa! Do you know what it's like not to have the breath of life? That may have been just a little bit longer than 15 seconds but it wasn't any longer than 30 seconds, I don't think.

Do you know what it is like not to breathe for just 30 seconds? And don't even mention a minute; probably at the max I can probably hold my breath for a minute, about a minute. Beyond that I need some air and it's not even doing that minute that I don't have air. I just have the air that's left in my lungs that I'm using up. So even doing those 60 seconds I've got air it's just in my lungs. Do you know what it is like not to have breath? The basis – the first thing God did, He breathed the breath of life into dusty dust into us, His spirit, His animation, His joy, His perseverance, and His love.

God breathed all of this into you from the beginning, and you still got it. Now, you may have lost the vision of it and it may have been covered up, it may have been muddied up by all of the stuff of the world but you still have it. It's still inside, it's still alive. His spirit has never died in you, and you need to resuscitate it right now. You need to bring the breath of life, the spirit of God back into your life and back into your world. God's word is life itself but He gave it to you in the beginning physically – there was no vow. He just breathed it straight into dust, straight into you.

There was a point when we were in our mother's womb that our lungs don't breathe, we get our oxygen from our mother's blood stream. Our mothers breathe and it transfers the oxygen through the umbilical cord into us as we are developing. But the minute we come out of the womb and that umbilical cord is cut we begin breathing on our own. Some babies cry and some don't.

I've been there at the birth of all 4 of my sons and when each one of them comes out to be honest about it 3 out 4 of my children have not cried when the umbilical cord was cut and when they came out. Now, mama was hollering like mad but the children didn't. They were wide awake and breathing and I think even as a child as an infant freshly born, they were looking around and I believe appreciating the breath of life that God had given them. It's our experiences and our training that as we grow and as we mature, will often times make us look scenically upon all of the things in the earth and not see the blessing that God has placed within us 20 something thousand times every single day.

Every day you breathe. The more stress you come under the more you breathe that's not accidentally. The more stress you come under, the faster you will breathe, the faster you will take in the breath of life. You need to do that even with God's word. The more stress you're under, the more you need to pray, and the more you need to read his word. The more life giving oxygen and the more life giving spirit you need. Often times what happens to us the most stress we get under, the less we read the word, the less we pray, the less we come to church, and sometimes the further we will turn away from God the breath and the life giver.

People, be thankful 20 thousand times a day and if you take a breath, and breathe in and out, and every breath in and out has a river of thankfulness that rides upon it. Watch what that will do to your life and you were world. Lord I thank you for giving me the breath of life.

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