

Get Up Off It – Part 2

Sermon Title: **Get Up Off It – Part 2**

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Welcome to Brothers of the Word because brother, you need the Word. And today is Part 2 of the three-part series, "Get Up Off of It". For those of you who are tuning in electronically, I would respectfully ask that you take any small children out who may listen to this because this is adult content today. It's not obscene but it is adult material because today, I am talking about sex within marriage. It's a critical issue within the church but some parents may not want their children to have to ask you, "Mommy," or "Daddy, what is sex?" So, if you don't want them to have to ask you that, ask them to go out of the room but it may all be too late, they may ask you now, "What is it"?

And this is Get Up Off of It – The need for good sex in marriage. Part 2: The Natural Power in Sex. I originally had it entitled "The Spiritual and Natural Power in Sex" but to be honest about it, we talk a lot about the spiritual. I need to talk about some natural stuff today and the reason that I need to talk about some natural stuff is because I quoted in part 1 the survey that was done among 1,050 pastors. And when they surveyed 1,050 pastors, 77% of the pastors said they did not have a good marriage.

So, we have some issues within the Christian church and one of those issues: we spent a whole lot of time talking about some spiritual stuff and sometimes you got to talk about some natural stuff because those true things are really interwoven and you can become so spiritual. It's just like you have to eat.

And if you're so holy that you never eat, sooner or later – now you can make it 4 to 5 days, but sooner or later, you have to eat. So, sooner or later, you'll have to deal with some natural things. You have to go to work. You stay in your house praying all day. Sooner or later, the sheriff is going to come and cut you out and you'll be sitting in your front yard, praying. You have to do some natural stuff.

So, today I'll deal with some natural items. Our main verse of what we're dealing with comes from I Corinthians 7:1-6. "Now concerning the things whereof ye wrote unto me: It is good for a man not to touch a woman. Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband. Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband. The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife. Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency."

Now, the New Living Translation reads thus, "The husband should fulfill his wife's sexual needs, and the wife should fulfill her husband's needs. The wife gives authority over her body to her husband, and the husband gives authority over his

body to his wife. Do not deprive each other of sexual relations.” Is that clear? Do not deprive each other of sexual relations unless you both agree to refrain from sexual intimacy for a limited time. You all say “limited”. For a limited time, so that you can give yourselves more completely to prayer...

Basically, what Paul says is this: If you’re not praying, afterward, you should come together again so that Satan won’t be able to tempt you because of your lack of self control. So, if Paul says, if you’re not praying, you need to be getting up off of it. That’s the simple, and just pure, and just straightforward and down-to-earth as I can put it.

Now, I’m going to divide this into just two quick parts and I’m going to first start with the needs of a husband, first, and then I’ll get to the needs of the wife. Now, this really applies to about 80% of couples. 20% may be totally different from this but 80% of couples fits dead on the notes. The research consistently shows that between 80% and 90% view sex as the most important aspect of their marriage. 80 to 90 percent view sex as the most important aspect of their marriage.

Now, this has nothing to do with religion. It doesn’t matter whether you’re Baptist, Methodist, because do you know, if you’re watching somebody having sex in the bed, you cannot tell whether they are Baptist, Methodist, Episcopalian or Lutheran. You can’t tell. So, this has nothing – you can’t tell whether they believe in Jesus or not. You can’t tell, so this has nothing to do with religion.

80 to 90 percent of married men view sex as the most important aspect of their marriage. When asked what 1 thing they would like to change in their marriages, this is the one thing. This is the one thing. You all say “one thing”. This is the one thing that the majority of men wish that they could change in their marriage. And this is what they said: They wished that their wives would be more interested in sex and more willing to initiate physical intimacy.

Marriage experts, Gary and Barbara Rosberg surveyed men about their sexual needs. The vast majority of men indicated that mutual pleasure and female initiation of sex were among their primary sexual needs.

Now, let me explain what that means down to earth. Most of the time, the men has to end up saying, “Baby, can we tonight?” or “Please?” or “Could we, o, baby? When are you going to have time?” You all know what I’m saying what it’s going to sound? You all understand what I mean? This is what—80 to 90 percent of men talk about is their number 1 issue in the marriage. It’s basically they have to beg for sex.

Let me just put it straight like this. You’d have to beg for it. “Baby, baby, baby, just please, baby. Please!” You understand what I mean? This is what they talk about. I’m real. Now, I’m being real. You don’t hear this kind of stuff on the pulpit, but

that could be why 77% of pastors are talking about they don't have a good marriage. And, actually, when you got to check the stats, usually, the wife is less happy than the man is.

So, if it's 77% of pastors who've said they don't have a good marriage, probably 85% of first ladies see it. But you would never hear that from the pulpit. You can never hear it. "Pastor's all me and my baby, woo, it gets too wonderful!" He probably got a knot in the back of his head.

So, we have problems. And we have sexual problems and this stuff is real and that's why when you're really looking for statistics, over three out of four pastors have issues and a lot of that stuff centers around that sexual part in that bedroom. And 80% to 90% of the men said they wish that their wives would initiate sex more and mutual pleasure.

Now, let me explain what the mutual pleasure means. I'm just getting real. Can I get real? You know when John Rivers used to say "Can We Talk?" Can we talk? This is what the man means by mutual pleasure: A lot of times, sex in marriage is placed right on the same level as taking out the garbage. It is a chore. It is a job. It's something you don't have to want to do. And the man knows it. He can tell when you don't want to do it. Anybody knows that you can tell when somebody really don't want to have to do something. Do you understand what I mean?

So, he wants mutual satisfaction. He doesn't just want to get what he wants; he wants to feel that the woman wants him. That she wants to be involved in sex. And what you have to do with this, people, we have to start prioritizing some things as we prioritize everything else in life. You don't want to go out of the house with your hair looking bad. Well, why would you go out the house with your husband feeling bad?

So, you've got to prioritize some things in your life. You won't dare go out of the house with your hair looking bad but you'll go out of the house with your husband half-satisfied. Get real! I'm talking about the man's needs first. I'll get to the lady's needs second if I've got time.

You see, often times, in sex, what we focus on is just to make sure we get enough frequency but that's why I had to re-title this thing, "Get Up Off of It, the Need for Good Sex in Marriage". Let me compare this to food. Both of these are primary needs. Now, you don't need sex quite as much as food but you do need it or the human race would die out. So, it's a need.

Let me compare it to food. You've never heard about anyone talking about a restaurant by how many meals they can eat there. You've never heard about anyone talking about a restaurant about how many meals; they talk about how good it is.

See, often times, we're focusing on how many meals we get and the man wants it good, and he wants many of it. But I'm saying, you got to make sure that you take some time and this really applies to both ends.

See, in the older days, it was called 'slam-bam'. You all know those. I'm not going to say it because you all know the rest of it. And that meant, the man who just got the guts and he just went on by his business. In the book, *Bedroom Talk*, it talks about that it takes a woman about 9 to 12 minutes for her to get hers; men, sometimes, 2 to 3 minutes. You all know that's a big gap there. Something is not and somebody's going to come out there with a long face and somebody's not going to be happy.

And this is why you've got 2 out of 3 men who will have extramarital affairs in life and you have 1 out of 2 women who will, but often times, we only focus on the man. Do you know, in all of the news, in all of the recent years, you haven't seen one married woman on a front of the news, cheating? Now, think about the stats. Now, 2 out of 3 men cheat. 1 out of 2 married women cheat. So, that means out of every ten affairs, 4 would involve a married woman. You haven't seen one married woman on the news; only married men, but nearly half of them are married women. So, why haven't you seen married women?

The problem is just as deep. It just looks like it's just the men. No, it's not. Women cheat, too, because they're not satisfied. So, this issue is deep. And we hear sometimes about the preachers who get caught. You don't hear about the preacher's wives because a man sleeping with a married woman is not going to tell anybody. That's why. That's why you don't see married women in the news, because the man isn't going to tell anybody, because he might get shot.

So, men want to feel like the woman wants to be with him – like she wants to engage in physical intimacy. They don't want to feel like it's taking out the trash, and a man will know. This is a brother point, real clear, real crisp: No man wants a cold fish. It's deep, it's harsh, but it's just as real as it can be. And, ladies, if you are cold fish, you leave yourself open for that man going out and getting him a hot meal. It's just something about if you're cold fish, you will leave yourself open and then you will wonder and blame the man and you, being a man, doesn't give you an excuse to do it.

But, anytime you have a void, you automatically allow something. It makes it easier. That's why Paul was saying, "Don't leave a void. Don't deprive to be sexually fulfilled or you leave yourself open to Satan to tempt you. Don't leave it open for temptation." And I hope all of the men—you can stand no matter what. Because this is life and it's real and a part of the preachers can't even stand when there's a big void.

The other factor is this: The vast majority of men indicated that being sexually fulfilled in marriage significantly impacted their confidence and their masculinity. Let me explain what this means: When a man feels like he cannot satisfy his woman in bed, it destroys his confidence for everything else.

Men walk out; he left that woman smiling, spit running all down. He feels like he can conquer the world. That's just the reality of it. He feels like he can just conquer the world if he's walking out that bedroom, you know, chest all-out feller. He's just "I've just done some today!" He feels like he can conquer the world. But if he feels like she's a cold fish, she isn't moving, she's saying there, "Are you through yet?" If he feels like that, it destroys his confidence and his ability for everything else.

You see, the word "impotent". "Impotent" traditionally means the inability to sexually perform in a man but impotence also means ineffective in the world and ineffective in anything you do. The words – it has a continuum meaning that transfers, that roots, from sexual power.

So, when a man feels like he cannot satisfy his wife, it destroys a lot of the things that he does in the world. And, people, guilt sex just don't work. It just doesn't work. It's not empowering. "I've just got to do this." It's just doesn't empower men. It's going to be a cold fish and no man wants a cold fish.

After years of counseling married couples, American clinical psychologist and marriage councilor, Wilbert Harley, he basically created the top 5 needs of men and the top 5 needs of women. And of the top 5 needs of men, the top 1 is sexual fulfillment. Now, to the wives, let me get to the wife.

Deuteronomy 24:5 says this. This is a deep verse. Deuteronomy 24:5 says, "When a man hath taken a new wife, he shall not go out to war, neither shall he be charged with any business: but he shall be free at home one year, and shall cheer up his wife which he hath taken." The Bible says that when a man gets married for a whole year, he can't go fight, he can't handle any business, he can't. All his responsibility is to stay home and make his wife happy. A whole year...

You see, sometimes, how do you start out depends on how you end up. And God places us. He placed this. He set for a whole year, this man for this. You can't stand in a war, you can't charge with any business. If somebody says, "Men, where are you coming to work?" "I'm staying by faith." For a whole year, the command of God for the first year, all this man had to do was stay at home and make his wife happy.

So, this principle is foundation with old and new. So, men, you got to understand, in the sexual arena, what happens. Now, let me explain what I was talking about. There's a flip that comes. See, I've been talking about with sexual needs of men. Most of that occurs with younger men – men who are under 50 years old.

When a man hits 50, the stats all start to flip, because now the woman's drive becomes predominant. Once a woman is no longer in the child-bearing age, there's a lot of pressure that's relieved from her. The male testosterone level's starting to drop. What all counts for see is this: As they get over 50, under 50 is the men who're complaining about sex. Over 50 is the women.

So, women, if you deprive a man young, when he gets old, he'll say, "Look, remember when I needed it? Remember when I was begging for it and you wouldn't give it to me? I've got it hidden." So, if it flips. So, what goes around comes around. So, as you get older, both of you are considerate and both of you are making sure that each of you has mutual pleasure as you age.

Live your life. There's no reason why you shouldn't be sexually active way into your 80's. But if you don't, you're going to be dead old. That's a brother point. If you don't young, you're going to be dead old. So, you need to make sure that you spice up the things.

Now, of the top of needs of the woman, number 1 is affection. Number 1 is affection. Number 2 is conversation. So, men, now this is true with 80% of the cases. Some women are not affectionate so it's not true with everybody. But 80% of the cases say this is true.

So, women want to be loved and they want to talk. Men, you got to understand that. They want to talk before they – you understand? Do you understand? I just did my hand like this but do you understand? Some of you may not understand. They want to talk before they want to have sex. And some men want to have sex then go to sleep. Now, that doesn't work.

So, you have to have both of the parties understood but this thing is beginning to flip in the modern world. There are some women now, they want good sex. They just don't want that two-minute man. They want that sex. You need to go to www.brothersoftheword.com. Click "Books" and get Bedroom Talk so you'll understand some of this stuff in more detail because I don't have time to go through it.

But, men, women need affection. They don't want a quick, fast thing. They want affection and they want to be able to communicate and to talk. You see, this is another brother point: No woman wants a man and all he wants to do is fish. No man wants a cold fish. No woman wants a man and all he wants to do is fish.

So, you have to understand the way that men and the way that women work. And you have to understand the connection between sex and affection and you've got to have both of them. Often times, what happens is the woman doesn't give her man

any sex and the man won't get his woman any affection and it becomes a vicious cycle. "I ain't got no sex. I don't want to hug her. I don't want to cuddle up. I don't want to be sweet to her. I don't want to bring her any rose. I ain't got no rose. I ain't got no cuddling. I'm not getting any sex."

And it becomes a vicious cycle. And as a result, it makes the bedrooms cold and it makes the marriages break up. So, we have got to move towards an understanding. I'm just about out of time. This really ought to be a twelve-part series but God says, "Only make it a three-part series," so I can't get into much of this stuff on Television, anyway.

But people, you all read and study and become experts in everything. Yes, you do. You need to make that a priority in life – not just sex; good sex. Not just having a two, three, four times a week, but having a banging two, three, four times... I mean good sex and you need to make this thing a priority.

Now, the next message, I'm going to get into some how-to's for those of you who are having some physical difficulties because you have to be in shape to be able to perform. It's just as simple as that. You can't just look somebody and make it happen. That's not going to help. You can't pray on them and make it happen. You can't lay hands on them and make it happen. Some of this stuff is natural. And you have to have some natural, physical ability and put some natural, physical work into it, but some of us, we need to understand how, we need to understand what we can do to enhance and I'm going to get into that in Part 3.

People, God wants you fulfilled in marriage without question. I believe it. The Word says it. But we have to focus on that and we have to make that thing a priority and learn to make it a joy instead of simply making it a duty and obligation and a dreadful chore.

I hope you've enjoyed today's message. I know it's been rough. There's more to come. But we thank you for joining us today at Brothers of the Word because, brother, you need the Word.

Amen, amen and amen. Those are some rough subjects. There's so much involved in that because there are so many issues and challenges between men and women now. And when we can get the bedroom strong, it helps to strengthen every area of marriage and every area of relationship. And when the bedroom is weak, one marriage counselor simply says, "No man is ever going to be satisfied if he's unfulfilled in sex. This ain't going to happen."

Now, I'm sure that once you rise high enough in Christ, you can do that. But mostly, it just happens when they're high in Christ. It's like there are many things we can do when we rise to the peak in Christ but most of us have not risen to that level so

we need to handle natural things that need to be handled, especially the things that God made. And God made sex and God made it good.

So, He made it for a reason. He made it for us. He made it not to be abused, to be misused, or to be used as a weapon in relationships. He made it for the union, and the sanctity, and the perpetuation of the species and to bring love between a husband and between wife. God wants you to have a good sex life. He really does. Too often in the church, you know, we just looked at sex as dirty. God made sex. There's no other way to get it other than that. He made it. We pervert many things but God made it.

So, He wants us to truly have a good relationship. We're just kind of afraid to talk about it, but it's real and it's a raging problem with the world today. And I'm not sure what was the raging problem in the world back then. When we can get together, it will tremendously, tremendously improve things.

I thank you for bearing with me in this message. Next week we'll be even more detailed on some things because God wants you ready. He wants you willing and He wants you able. So, next week, I'm going to deal with the "able" part so that we can able to give back what to God has ordained us to do.

I'm going to ask one of my brothers over there to close us out for today. James, closed us out last week and you might want to put C. Elijah on the spot and let's see Elijah close us out this week.

C. Elijah: Praise God. Give thanks to Nathaniel – a hand. He's the only pastor I know that would've handled these difficult types of subjects. You definitely hear this type of in-depth, graphical teaching and exposition on such sensitive subjects. People, he did something controversial years ago and that's when he taught people how to use the bathroom properly. I think this series is going to top that.

But he is nicknamed the straight-talk preacher because he tells it like it is. He's not trying to sugarcoat things. He's not trying to make things all flowery and pretty but he just tells the straight truth, practical truth. And these are practical truths and principles and he's he laying out for us so we appreciate him being himself – being who God made him to be to tell the truth, to tell it with love and to tell it with knowledge and understand so that we can receive and apply it to our lives.

I heard some of the men told me last week, after last week's sermon, they said, "Man, pastor sure helped me out." They said, "My wife came and married me." They told me of last night. I'm going to try not to look at the man who told me that so... I don't want to get him in trouble.

Amen. But we're suddenly grateful for this very, very informative, eye-opening subject. It's very sensitive in nature, but he's doing it in such a unique, unique method that we can all receive from it and be blessed and prove our relationships and have blessed marriages. That's the will of God for us to have blessed, and happy, and joyous and fulfilled relationships in marriage.