

# Just Do It Pt2

Sermon Title: **Just Do It Pt2**

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Thank you for joining at the Brothers of the Word because brother you need the Word!

We welcome all of you who joining us by television and those of you who joining us at the AirJesus.com. Stay tuned to today's message, we are doing part 2 of something we started last time entitled, "Just Do It".

Open your bibles if you will to the Book of Ecclesiastes 9:10, when you get there, say Amen. Ecclesiastes 9, it's right behind Proverbs. Ecclesiastes 9:10, together in unison, "Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest."

So notice that, whatever your hands find to do, do it. Do it with all thy might. And so, we're talking from the subject "Just Do It Part 2". Turn to your neighbor and say, Just do it. And this verse, once again, it just tells us to do some things in life while you have the chance. In other words, cease life. Grab a hold of life and use it to its fullest while you have the opportunity, while you have the ability and while you have the time to do so.

Jesus said something very similar, Jesus said, let us work while it is day for when the night comes, no man can work. In other words, he was saying the same thing, Just do it. Do it while you have the chance. Do it while you have the time. Do it while you have the opportunity. And so, cease life. Turn to your neighbor and say, "Cease life." Grab a hold of life, cease it, use it to its fullest.

So we're talking about overcoming regrets, disappointments and failures, and I told you last time that God spoke to me those two words to do it. And he was saying to me to stop wishing about what you should have done and to start doing something now. God can only prosper what we do. He can't prosper what we want to do. He can't prosper what we should have done. He can't prosper what we could have done. God can only prosper what we do. Turn to your neighbor and say, "God can only prosper what you do. He can only prosper what we do."

So he says to us – to take action. It is not too late, take action and just do it. You don't have to turn there but we covered some scriptures in the Book of James 1:22 and 25, speaking of being doers of the word. James is very action oriented. He believed in taking action and just doing it. Also, James 2:26, where it says, Faith without works is dead or as one translation put it, faith without corresponding action is dead. It's worthless, no good.

So James is very action oriented and he says to us – Hey, be doers of the word, just do it. And so, in the context of which I really received this inspiration, it was just to stop threading over past regrets and past failures and past disappointments. Stop, you know – wishing you could have done this and should have done this and all of

those things. No, but to bring it in the present tense and say – Hey, let's just do it now, let's do it now.

And so, I want you to understand and I want you to know and realize that you can't change the past but you can do something about your future. Your best days are in front of you. Your best days, hear that carefully, your best days are in front of you. You can enjoy more in your future than you have lost in your past. Grab a hold of what God says to us there. You can enjoy more in your future than you have lost in your past. And so, we receive this charge to just do it because there is so much in us that we have not done yet. There is so much in us that we have not accomplished, so many things that are unrealized. So much potential, so much lies within us that we haven't done yet. And so, I believe God says to all of us, just as he spoke to me in the restroom – Just do it.

Remember this quote, I quoted last time said, "The only thing that stands between a man and what he wants from life, is often merely the will to try and the faith to believe that it is possible. That's all that stands between a man and what he wants from life – it's just the will to try and the faith to believe that it is possible, by Rich DeVos. And dealing with our past regrets and things we wish we should have done, could have done, and – should've, would've, could've and all of these things in our past, where we have these regrets.

I came across a couple of interesting story and I'm going to share it with you. I came across a story of a gentleman and for over 50 years, he regretted not finishing college. He regretted dropping out of college and when he was in college, he was on the basketball team. So over 50 years, he regretted – for over 50 years he regretted dropping out of college and he regretted that he didn't get a chance to finish playing college basketball. But I want you to know, he decided one day, after 50 years to do something about it, to just do it.

What an inspiration, I kind of envisioned myself still having my game in '73, still being competitive. But I love that, he did something about his regrets. He didn't go to the grave wishing what it would have been like to have finished college or to play college basketball. He did something about it. Turn to your neighbor and say, "Just do it".

I recall Pastor Nathaniel speaking about a man who was 46 and he was talking to his friend and his friend was trying to encourage him to go back to college and he said, if I go back to college and he said in 4 years when I graduate, I'll be 50 years old and his friend said, how old will you be in 4 years if you don't go back? And so, we are not to live our lives with regrets. We are not to allow ourselves to be short changed in life, to miss out on possibilities. No, God wants us to cease life.

Notice what Ecclesiastes 9:10 says – Whatever your hand finds do it, when the opportunity is there, in other words, cease it, do it. You won't have this opportunity forever because after this is the grave and your gifts and abilities and hopes and dreams and aspirations and accomplishments are worthless, null and void, once you're in the grave – nothing you can do.

So God says – Do it! Take the risk, take the chance, live, cease life and just do it. Let me ask you these questions: What regrets do you have? What is it that you've always wanted to do? What is it you wish you had done? What is your could've, would've, should've?

And I want you to not go around life moping about health issues or moping about financial issues or moping around about relationship issues. No – Stand up and do something about them! Take action, commit yourself and take action.

Kevin Myers, he was talking about wellness and he said if you want to be well, if you want to be healthy. He said – You don't need a quick fix, what you need is to become fit. And so, don't stress out and complain and just mope around about physical issues and your physical health. No – Get up and do something about it!

I ran across a second story, a very fascinating lady. This lady was 72 years old and she said one day, she went to the grocery store because they had a sale on kitty litter – cat litter. And she said, they had this big 50-pound bags of cat litter and they were on sale and so, she bought some. And she says, she had no one to help her to get the bags home. So she had to carry the 50-pound bags home. And this woman at 72 years of age, she said – she almost broke under the weight of that 50-pound bag. And she said, then and there, she made up her mind that she must immediately do something about her deteriorating body. She said, I can sit around and just deteriorate and fade away and worry about osteoporosis and all these things, or I can do something about it. And she decided to do something about it.

Now, I'm going to show you a video clip of her at age 86. At age 72, she decided to become a body builder. At age 72 she decided to become a body builder. She became the world's oldest body builder. She won 40 trophies. She traveled to several countries competing and winning. She's been all over the country as an inspirational speaker, telling people that they can do – that they can still achieve and it's not too late. I want you to take a look at this video of this 86 year old body builder.

(Video with Marjorie Nolan)

Host: What made you want to start lifting weights?

M. Nolan: At that time, we were talking awhile about osteoporosis. So I thought well this could help.

Host: Since one out of two women over the age of 50 is destined to have gone fractures from osteoporosis, Doctors recommend adding weights to your exercise routine. – This is not so bad.

M. Nolan: That's because you only have five pounds.

Host: Oh stop it, show off.

Host: 86, years old, can you believe it. Did it take a long time to get that body?

M. Nolan: No, I had it when I started.

Give her a hand. Turn to your neighbor and say just do it. Now, for an 86 year old, she didn't make excuses. She didn't make excuses. She took action. She just did it. Folks, it's not too late, you're not too old. You can still realize your dreams and use your potential and reach and achieve your goals. Just do it.

Just commit yourself and take action today. Just do it. Turn to your neighbor again and say, "Just do it."

I want to share with you just –really about three things that I thought about to help us to do some things and achieve some things that sometimes we fail to do and fail to realize our potential unused. So I just have a few keys I want to share with you to help you along those lines.

Number one – something to help you to do it is "Eliminate the excuses that keep you where you are." Turn to your neighbor and say, "Eliminate the excuses that keep you where you are." I know Pastor Nathaniel, in his business; he had a sign that says, "No Excuse". What a wonderful motto to live by, "No Excuse".

There are always excuses; there are always good excuses on why you can't do something and why you can't get it done. But Pastor Nathaniel said, there are only two types of people, those who get it done and those who don't. "No Excuses".

Listen to this list of people from the Bible and these are people who all had wonderful excuses yet they didn't allow their excuses to hold them back. They didn't allow their excuses to stop them. God still did wonderful and great mighty things through their lives.

Listen to these excuses. Abraham was old. Jacob was insecure. Leah was unattractive or just playing ugly. Joseph was abused. Moses stuttered. Gideon was poor. Samson was co-dependent. Rahab was immoral, she was a prostitute. David had an affair and family problems. Elijah was suicidal. Jeremiah was depressed. Jonah was disobedient and reluctant. Naomi was a widow. Peter was impulsive and hot tempered. Martha worried a lot. The Samaritan woman had several failed marriages. Zacchaeus was un-popular and short. Thomas had doubts. Paul had poor health. Timothy was timid. Now, what's your excuse?

Turn to your neighbor and say, “What’s your excuse?” Number one – “Eliminate the excuses that keep you where you are.” You’ll find throughout the Scripture that people who gave excuses, they did a lot of talking.

You know the story of the talents – you know the Parable of the Ten Talents and the man who buried his talent. If you go back and study that story out, you’ll find out that when the master came back to find out the results of their investments, the man who buried his talent and didn’t do anything, he did triple the talking of the guys that produced. And so, he buried his talent and he’s the one that did all the talking, he just had excuses. You know – So people, my father used to say that you can’t explain failure and you can’t argue with success. And so, no need for excuses.

Turn to your neighbor once again and say, “No excuses”. Eliminate the excuses that keep you where you are. So, you’re not too old, you’re not too little, you’re not the wrong color, didn’t come from the wrong background. You didn’t miss out, you know, it doesn’t matter. Eliminate the excuses that keep you where you are and just do it.

Here’s number two – “Start today”. Turn to your neighbor and say, “Start today”. Don’t procrastinate, do it now. Don’t procrastinate, do it now.

There was a sign in a tree farm that read, “The best time to plant a tree is 25 years ago. The second best time is today”. So start today, do not procrastinate, do it now. There’s an English proverb that says, “One of these days means none of these days.” Turn to your neighbor and say, “Do it now!” Start today; don’t procrastinate. Start today even if you’re just taking a small step, it doesn’t matter. What’s really important is not where you are but what direction you’re moving in. That’s what’s important.

So even if you’re taking small steps, start today. Take some small actions toward your goal. Take some small actions toward fulfilling your potential. Take some small action towards changing your life. Take some small action toward realizing your dream. So take some small action, it doesn’t matter how small but do something, just get moving, get started. There’s a Chinese proverb that says, “Be not afraid of going slowly, be only afraid of standing still.”

So it doesn’t matter if you’re just doing a little bit and taking small steps, that’s not the problem, the problem is, if you’re not doing anything. So, get started today, don’t procrastinate, get started today. Do it now! Turn to your neighbor and say, “Do it now.”

And number three, third thing I thought about to help us to realize our potential and fulfill some things in our lives is – “Try something new”. Turn to your neighbor and say, “Try something new”. You’ve got to get out and you’ve got to stretch yourself a little bit. You’ve got to stretch yourself. See, we’re so comfort minded; we

don't like to do new things because new things have question marks. New things are unfamiliar. New things can kind of be frightening. We like to stay with what is sure, what is tested and tried and so – we're afraid to test the waters. But I want you to know, Peter stepped out. Peter walked on the water and I believe, the Bible is letting us know to do something new. Peter did something no other man had done before. He did something no other disciple – before or after him had done before.

Peter did something new. It was a new experience and it challenged him, it stretched him. It caused him to develop and to grow and so, you've got to do something new. I like Pastor Nathaniel, told you right now, he's training for the Navy Seals. He's doing something new that he has never done. He's stepping out, he's pushing himself, stretching himself. So do something new.

Turn to your neighbor and say, "Do something new". Try something new, you have to challenge yourself. Go out of your way to do something different to challenge yourself, to stretch yourself. Challenge yourself in three areas.

Challenge yourself to challenge your body. Challenge yourself physically. Challenge your mind. Challenge yourself mentally. Challenge your spirit.

So go out of your way and do something new. Try something new and this helps us to accomplish some goals and to realize some dreams are fulfilled—potential that's on the inside of us. When we do those three things that I mentioned there – to try something new, to start today and to eliminate the excuses that keep you where you are.

Thank you so much for joining us today. I want you to go to [AirJesus.com](http://AirJesus.com). You can listen to this message, "Just Do It Pt2" Message #7467. You can listen to it in its entirety. You can also email it to a friend absolutely free of charge. Thank you so much for joining us today at Brothers of the Word because brother you need the Word!