

Valentine's Day Relationship Q&A

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Speaker: James and Stephanie Bronner

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We are really excited today. This is Valentine's Day and we have a special treat for you today. We have our internationally known authors of Bedroom Talk. Over a million copies sold on the New York Times best sellers list. They've been on talk shows all over. They have hosted seminars and they have done all of this and so we are just delighted that we were able to get on their schedule, we were able to get on their schedule for today.

So we have brought them in and we are honored and this is going to be a wonderful treat. I understand that that it may get a little explicit, so I think they are going to ask some of the kids to leave and they will give you instruction when they come up but I think it's going to be a little explicit. And if you read their book, you'll know that they do not hold anything back. They don't hold anything back. So we are excited to receive today on this Valentine's Day the Marriage Ministry of our very own Minister James and Stephanie Bronner.

Pastor asked that any of our youth ages 15 and under. He said under the age of 16, he asked them not to be in this session today so, we won't have to hold back anything. So if there's anybody under the age of 16, other than a baby that understand, we're going to ask you to just line up here at the door and I tell you that's – that's when the young people really want to hear. The minister, they say "No, we are ready – they will be attended on stuff they are not supposed to hear so, any other time they don't want to be in church but when it's time for them to get out, they are like, "Daddy, please let me stay and hear this".

I tell you, I don't know why that is human nature. I thank Peter for putting the rules on the background because I have to substitute that for my wife this morning, I had ordered her some roses and they didn't get here because of the snow so, I had to get her one here. But she will get them on Monday at least. Amen.

Stephanie: Amen!

James: Well, if you will bow with me for – for the prayer and also if you listening via internet and if you have anyone listening below the age of 16, we ask that you send them to another on as well. Let us pray.

Heavenly Father we just thank you this day Oh LORD for your presence within this place. We thank you Oh LORD for what you are doing within this hour Oh LORD. And not just this physical hour Oh LORD but this Spiritual hour. Lord we ask you to be present and move today Oh LORD during this service. And we thank you Oh LORD for being the true love of our lives Oh LORD. Thank you for our relationship with you Oh LORD as the bride of Christ Oh LORD.

For it's the only relationship that will be eternal Oh LORD, for even you said there's no marriage in heaven Oh LORD. So, we thank you LORD for an eternal

relationship with you Oh LORD. One that is more important than any other relationship Our Father. But it is the only one that will last through the eons of time and LORD we pray for our couples today Oh LORD. As we know they are under attack Oh LORD.

That the enemy has chosen to attack the family Oh LORD, starting with the marriage Oh LORD. So we pray Oh LORD for just the angels of protection of our marriages Our Father. And we pray Oh LORD for you to send your anointing Oh Father into the hearts of your people Oh LORD this day Oh Father. That it will be even as the snow Oh LORD, that even in places that were cold and slick in dangerous Oh LORD, that you will send the sunshine of your love Oh LORD into the hearts of man and woman Oh LORD, husband and wife Oh Father to melt away those things Oh LORD.

To take away the dangers and the risk Oh Father, Oh LORD we pray for your love to flow in Oh Father. Even as the river Oh LORD. For the word says that you are a love Oh Father. Love Oh LORD comes from you and we pray Oh LORD for you to pour yourself out in that household Oh LORD. This day Oh LORD we pray Oh LORD until the true love doctor Oh Father. The only one Oh LORD that can fix a broken heart Oh LORD. You are the one that can undo hurt that was done by others Oh LORD.

So we pray LORD for you to just mend their hearts Oh Father of your people in this day Oh LORD and minister in Spirit as we minister in word. This we ask you in Jesus' name. Amen!

James and Stephanie: Welcome to Brothers of the Word because brother and sister you need the Word!

Stephanie: Hallelujah.

James: And today is Valentine's Day here at the Ark of Salvation and it's not only Valentine's but it's my wife Stephanie and my anniversary –13th wedding anniversary.

Stephanie: Hallelujah!

James: And it's been a beautiful and wonderful 13 years. I thank God for every year. In those 13 years, we've produced seven children ages twelve to two years old also, and then she looks good for seven children. Amen.

Stephanie: Praise the LORD. Hallelujah.

James: And we are also the authors of the book *Bedroom Talk*, how to turn your marriage into a lifelong love affair. This book is available at HitBooks.com and many of the things that we will be speaking on today are in the book in more detail that you can pick up there. And today we will be conducting a question and answer session on relationships. And this is what Pastor has asked us to do on this day and we received almost 40 questions via e-mail from the members at the Ark as well as the members of Mountain Wings and due to time, we will only be able to answer about 14 of those. So we tried to pick ones that where applied to more people than specific questions.

And because of that, we may read a little more than normal because we are trying to stay on track here so we can finish and get you all out here at a descent time. So we will begin. The first one is actually a comment and that I thought was very good that I would like to read. And this one was sent in from Greenville, North Carolina and it says, "February 14th will mark the 62nd anniversary of the meeting of my beautiful wife for 58 years." And it says, "The secret for having a long successful marriage is to become the right person for each other rather than finding the right one."

And God has yet to make the perfect one. So don't waste of valuable time looking for something that doesn't exist. Amen.

So that's 62 years of experience talking there so—I wanted to read that. I'll to my wife.

Stephanie: Okay. This question is from Atlanta, Georgia: "What does it mean when a man breaks up with a woman because of many problems that occurred in the relationship but yet he says that he needs to be change in order for us to get married?"

If the relationship is over, then why we wait for change and still behave as if we're still together. We've been together for over a decade, should we just part ways. Is he hanging around until he finds what he is looking for and the answer: Quality of woman is important, quality of man is important. Some men see the wonderful attributes in a woman and only has a problem with one or two characteristic traits. And still that if these can remedied then the relationship will be wonderful.

For instance, if the sex is good, if the money she makes is good and if the love she shows him is everything he loves but she has a flirty personality and he can see that many other men might be interested in her too. He would be afraid to commit because of the thought of cheating having that in the back of his mind. Or she has a problem with letting – letting her money and his money be blended because he is not the best with his funds. He or she is thinking that, if I can just get this one problem resolved, they will be marriage material or she is not cooperative or

submitted in the dating relationship then he knows that there will be greater problems in the marriage relationship.

James: Amen! Next question sent in from Reading, Pennsylvania, "How important is it to take a good look at your significant other's family especially the parents before making marriage plans. Are they loving, caring, godly so forth?"

Here is my answer on that, almost all of the marriages in the Bible, they considered their family when they – went about picking a spouse and even though it seems less heart base on manner of doing it. They had much less divorce than we do today. Nobody's family is perfect and we all have flaws in our families. But what looking at the family can tell you is what type of environment did that person grew up in. And it will often help you understand many ways that they act and think. Sometimes we get into marriage and we say, "What in the world is wrong with this person?"

It will help you to understand a little bit better and even Psychologists, when you lay down on the couch. The first thing that they do is to go back to your childhood and start asking you about your parents and they are trained professionals and they've looked at their most successful way of doing it. They look at your upbringing and they try to get to the root of your adulthood problems based on things happen to you growing up. So they do that as professionals, it shows you the importance of it. And if a man grew up around only unfaithful man and it can sometimes put in their heads that it is okay to sleep out and get a lecture aside every now and then.

If a woman grew up around and only shopaholics, then most likely she's going to get a good feeling when she goes out and shouts and that's going to interfere with the money in many cases. I can hear some of the men say, "Oh that explains it".

The other factor in this is, you will have to deal with those in laws on a regular basis and you will also– you all know the horror stories about that point. So you – you've heard those, so that's something that you will have to deal with directly and before I ask my wife to marry me, I took a good look at her mother and father and I asked her mother's Co-workers, "You know, what kind of person as she?" I looked the way they communicated in their home and all type of things.

I looked to her siblings even and I saw how they were in their marriages. So it told me what type of ground that she came out off and if you can see what type of ground and what type of tree and what type of fertilizer was put on the seed then you'll understand what type of fruit will come from that tree.

Stephanie: Well, this question is from Canada: "Why do we forget the couples needs when raising our children and then once the children are gone, we're face to face with a stranger? How do we re-light the flame of love that is so badly

neglected?” This is a very frequent problem and unfortunately, the problem falls mostly on the woman’s side. Wait, hold up women, why is that—Because all of the responsibilities of the home and the child fall upon us.

Now, in Bedroom Talk we talk about a prostitute, the baby sitter, the maid and the chef, and that’s all the roles and the hats that a woman wears within the relationship. And what happens is we get so bogged down with the things of our home that when it comes time for romance and for us to go out and have a good time or even to just sit and watch television, we’re looking at all the things that have to be done instead of wanting to spend quality time with our spouse.

There is a remedy. And I don’t know if the men will like it. It is to help out a little bit more. I know that work is hard and I know you want to come home and just have a peaceful evening but mom has also had a hard day and needs her dad to come and participate in some of the household responsibilities. So, if the flame is dying and it needs to be re-lit, there’s a way to do it by a collaboration of efforts.

So, mom, if dad is coming home and he’s tired, rub his feet a little. Give him comfort, and then dad after you’ve had your hour of relaxation, then help mom with the dishes or preparing dinner or getting the kids ready for bed. And then once the kids are in bed, guess what? The two of you have more time to relate and rekindle that flame.

James: Amen! The next one is from Dakota, Georgia and it says, “Is it a sin to masturbate and if you’re not a virgin is it okay to have premarital sex? I want to know said that thing. I would after answering this question. I tell you, we got some rough ones today. Amen.

The Bible, does not specifically list masturbation as a sin anywhere. The scripture most often referred to concerning masturbation is the story Onan over in the book of Genesis 38 and some wrongly interpret this passage to talk about masturbation. Well actually, in the story Onan basically – he used the withdrawal method while having full sex with his diseased brother’s wife and God judged Onan because he did not fulfill the – duty of carrying on his brother’s bloodline. But one of the pleasure of his brother’s wife and that was the law and that’s the part that he didn’t do so he was not pleasuring himself. He was actually having full sex. And then when it was time to put the seed in, he let it spill on the ground. So that was actually not masturbation.

So he was breaking the law because the law said, if he had to carry on his brother’s bloodline, if his brother was killed. And also on the flip side of that, they incorrectly used the familiar scripture to relate to masturbation and this is found in Matthew 6, “Don’t let your left hand know what your right hand is doing.” It might have gone over some of you out here. That was not even talking about that in that scripture.

So let me let you know that right now. But where sin comes into masturbation is what the heart sin of lust. Lust enters in when masturbation is combined with pornography or fantasizing about sex with another person that is not a spouse, as Jesus described in Matthew 5. When it says, that if you look upon a person even lustfully then you've done it already in your heart.

And this heart sin of lust must be guarded against with or without masturbation to be honest because without masturbation, natural energies can build up in the body and the more sexual energy that builds up in the body, the harder it is to actually control your sexual thoughts. So that's why teenage boys, they seem to think about sex all the time because their hormones are raging. And when the most known Christian Family Psychologist, James Dobson was asked about masturbation, this is what he had to say.

James Dobson, he's the most famous Christian Family Psychologist. He said, "Despite terrifying warnings given to young people historically, it does not cause blindness, weakness, mental retardation or any other physical problems." He said, "If it did, the entire male population and about half the female population would be blind, weak, simple minded and sick". And he says, between 95% and 98% of all boys engage in this practice and the rest have been known to lie."

End quote, so that was from Dr. Dobson who focused on the family. I did not mean that, that was Dobson. Now, as far as the second part of that question, regarding premarital sex, if you are not a virgin – The Bible says in 1 Corinthians 6:18 says, "Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body. What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."

And there are many other scriptures that talk about fornication in the New Testament and Dictionary.com and Wikipedia.com. Both define fornication as voluntary sexual intercourse between two unmarried persons or two persons not married to each other. So, that should answer that very clearly.

Stephanie: And also keep in mind that with all deeds and acts of fornication, you are linking yourself to that person. So be cognoscente that when you go into relationship and if you've had several sexual partners. You're bringing those people into the relationship. There is a form of deliverance from that but you have to come to the body of Christ to have those ties broken off of you.

This question comes from Dover, New Hampshire: "I had a hysterectomy some years back and I just can't get into the mood day after day, week after week. Asides from hormones, can you please suggest something physical to assist me. Thanks."

I can tell you that the problem you speak of is not just because of a hysterectomy. Many women with all their organs have the same exact problem. If I may be honest, without a lot of eyeballing. I have to also get myself in the mood. I do a lot at home. I'm a housewife, I run another business and just sometimes you're just too tired. And outside of this – this is a song I learned as a child. I think many of you, African Americans know this song.

I'm not going to sing the whole song but it helps me to get in the mood and it starts out, "I've met a boy today and it goes into him and finally behind the sins". And when I was little, my parents heard that song and they thought it was awful and it was. It was a terrible song but now that I'm older and I'm able to sing it. Then it really does help me mentally get in the mood to have fun with my husband.

James: Amen.

Stephanie: And also, I have a very vivid imagination and I like to use fantasies. I like to do – for him to come home, I call him from lunch on occasion to be a computer technician. I'm having a computer problem and have, you know, I like for him to be a doctor and just many-many different things I'll change my name, I'll become a different and I going to tell you all my name but I like to become a different person and it makes it fun. It actually helps me to lose my inhibitions that I had as a child and to bring on a little more flavor into the relationship because I don't want him to ever get bored and I don't want to be bored.

So I do a little extra and on the medicinal side of hormone replacement, I also used their product, it's called Male Drive. It is a product that he developed for his friends that complained of erectile dysfunction. It contains all the natural aphrodisiacs of the earth and they actually work. It can – I take those at noon. And by the time he comes home, I'm ready to get it on.

James: Can I get an Amen, I demand. You got to know when to just say an Amen in the church. Alright, the next question is another doozy—I don't know how I got all these doozy questions. It says, "Within marriage, is a sin to watch pornography and what about horror and anal sex? And what can this type of behavior do to a marriage?" Let me get another little sip of water.

Alright, here we go. Pornography leads the mind to lust after another person since you are watching simple fornication take place in it. It can enter to mind and it excites the body and even Jesus warned to against looking upon a woman even with lustful eyes as we talked about earlier. It can lead to desiring the – you partner less or comparing their bodies and sexual acts with those that they see on the screen. So that's some information about where it can lead. As far sex acts that are allowed in marriage. We have been asked that question a lot of times before and I've heard of

some big Pastors, even some Bishop's sides, from different conferences that addressed this issue.

And I haven't agreed with all of them. Some forbid everything from oral sex to even different positions, and this is coming from the pulpit in a lot of big places. But we personally don't go any further than what the Bible says on the subject. The Bible says that the marriage bed is undefiled. So we don't try to put what we believe on people and limit them because this is an area of what they really need to be free and as – and I tell you if they go outside of that marriage bed and not going by any rules they go out there and do everything they want to do.

So the marriage bed is undefiled, so the Bible only lists one thing that defiles it and that is adultery or fornication which is having sex with someone married or single who is not your spouse. The Bible also commands man to love their wife. So any act that makes them feel of forced or tortured would not fit the command of love and that's just a fantasy and you know you're just doing it for other thing.

But other than these two, we don't put any restrictions on the marriage bed since Bible doesn't and the most dangerous sexual act in marriage and I repeat, the most dangerous sex act in marriage is the act of abstaining for too long. Paul warns married couples in 1 Corinthians 7 not to deprive each other from sex, other than for a brief periods of mutual agreement for spiritual reasons. And if sex isn't frequent enough or if it's too boring, it becomes even more dangerous than pornography in marriage.

Because it leads the spouse vulnerable and dissatisfied and without even watching of screen their mind can begin to create his own fantasies and many times these are going to be fantasies about people that they don't know but these are people, a lot of times that they do know. That they might be working with or live near or socializing with. And then, that leads to the risk of flirting and then into action unto that. So every couple that has ever come to us for counseling as always had a problem in their sex life and that it had become too infrequent for one of the partner. So we have never had a couple to come to us and the main problem was the sex was too freaky.

So, a lot of times people worry about all of these other areas but they don't worry about the thing that causes the most problems in marriage and that is dissatisfaction with it and infrequency, and this is what really causes marriages problems until other temptations to come in upon one's spouse or the other.

Stephanie: My main quote and what I tell myself everyday is I don't ever want him to leave hungry because there are some woman out there who is willing to fix him a full course meal. So, I'll try to keep him satisfied and you know, Hallelujah. This is a question –this is a six-part question. So if you don't mind I have to read it

to stay on point. If a woman wants to call your spouse the first day after she gets her separation from her husband, do I have a right to be concerned? This is one part, before I answer this question, I must ask another question first and give an explanation, was your husband very promiscuous before you got married? Was he involved with a lot of different women and always called them friends but you suspected more. Before said, "I do" if yes then you have a man possibly with soul ties and a longing to have more than one woman.

This caused for deliverance from soul ties and this topic is covered in the book, our book Bedroom Talk. Concern should only come if you are not kept in the loop of the conversations that he's having with these women. Ask your husband if you can council with him on the phone as well. If he is really trying to help her then the two of you can do a better job than he him alone. This is the question, "If a spouse is having emotional affairs with a woman and you ask him to stop and he is really trying to help her then the two of you can do a better job than him alone. If ask – this is a question. If a spouse has having emotional and couldn't could with the woman and you ask him to stop and he doesn't and lies you about it, isn't fact wrong.

Of course lying is always wrong but you have to communicate with your husband because he may not realize that he has emotional affairs with these women and this same person by the way. The next question, "If he flirts and leads woman on and just says, that's who I am, but if I were to flirt once, I'm accused of doing wrong." This is the answer; lots of men have double standards. Communicate with understanding not with accusations. Ask him when and why he started this counseling behavior and if it has ever reconciled any of the relationships, ask for honesty and see if he gets any pleasure from talking to these women.

He may be getting of much needed encouragement from them when they say, "I just wish my husband was more like you." How well are you encouraging him? I see that we're almost running out of time and I'll finish the other portions of that question but I think he wanted to tap on the online dating. I will let him do that.

James: The next one is "What are your thoughts on online dating?" And this was a very good question that I haven't heard and dealt with a lot and this is a very common issue now among singles that my take on it is that everything else is online, so why not dating and we even minister the multiple times. The number of people here at the Ark of Salvation and we do in physical attendance. So if you can be introduced to Christ online then why not be introduced for an initial meeting at least to a Child of Christ. So that's one perspective on it and I do know several married couples in the church that met online for the first time that are still successfully married now.

The number one reservation people have with online dating is safety for the females meaning the main concern. Many of the dangers of man though are the same for on or off-line. Most rapes occur from men that women know. They don't come from online most of the times. And think about it like this, if you went to the – the store and you were coming out of the store headed to your car and got stopped and gave you online and asked you for your phone number to say we can hook up sometime. You don't know that the name that that guy is giving you is right. You don't know if he is a deranged criminal. You don't know if he's married or not. You don't know any details about this guy. The only thing you can verify in person is their appearance. So even though it feels a lot more secure to you, in actuality it's not. And I found the solution to even make online meeting even more safe than a personal meeting that I just described. And there is a service called honesty online.com and it will verify a person's name address, age, the credit card with the address and the criminal record. All of these things based on their online profile and it will take and then ask all of the same questions that the credit report asks.

I mean the female will not have access to the detail and information but they will verify the profile information and tell you if everything is accurate. And then, once you get that verification, they'll give you a unique identifier to this person and you're going out with this person on a real date or even before you give them any details about your personal self then you can simply email a friend of yours, the person's information that you're going out with and have that person call and check on you the next day to make sure everything was safe with it. And that way they have a verified person that they know you are going out with.

It's always best to meet in public places and carry your cellphone with you in case something feels fishy and you need to get help from others. The second concern people have with online dating is honesty, when it comes to pictures and to get around this, they even have a service called dating hotshots.com and they actually verify the person – the picture. So, they verify their identity when they come and it will give you an accurate representation of a man and you can use it if you want to portray confidence for somebody else.

Our time is out now for the television audience and we're not nearly finished. We have some other juicy things that we want to share with you. So, go to AirJesus.com and put in message number 8221 and hear the rest of these Valentine's Question and Answers because we feel like it will really bless your relationship and you need to hear the rest of these questions and answers. So be sure to send it to a friend. We thank you for tuning in today here with us at Brothers of the Word because brother and sister you need the Word.

James: And even talking about the picture representation of people online, it made me think about even to move a – Chris Tucker in it and he was hooked up with the girl and they went to meet that girl and the girl had told them that she

looked like Janet Jackson when he asked what he looked like. And he said, "When the girl got out the car, you look more like Freddie Jackson than Jannette Jackson.

And as far as online sites on match.com it's the highest rated site for online dating and it has more people than any other site. And they have it where you can even specify Christian there that it will sort to that but of course that doesn't prove anything but neither does meeting someone in the church. Because you don't know peoples real relationships with Christ, some people to come to church just to scope out of single people. So yes, you are still until you get to know a person and know their relationship with Christ, like a lot of this things, they are just attributes when online but in offline they are actually the same way. You meet a guy at the club you don't know any of these things.

But for some reason we feel safe because it's physically there. And there are some advantages with online. First of all, there are more people that you can meet, I mean – most of the people they work in the same place everyday. You might go to the same church, you come in contact with most of the same people everyday. So it opens up your range of people that you can see, their profiles and go through and you can weed out incompatible things in a fast manner.

Second thing is, it allows you to be little more at ease. Sometimes if you haven't been dating, it's kind of hard to talk to a person face to face and you're out there to practice. Sometimes it's easier to start off online.

Number three is you won't have to give him your personal information. Like as if, you meet somebody you can hook up later, you have to gave him your phone number or something. So they have personal information and they can tract sometimes the address with and all of that. On match.com, they give you an anonymous e-mail as well as anonymous phone number. So you can actually communicate email and phone without that person having your information. And that's important because if you continue talking and realize that this is not someone I want to develop a relationship with, then they don't have you real phone. It cuts it off right there without you being bothered but if you give somebody your phone – your cellphone number and you want to cut it off and then, I'm going to be persistent.

They are trying to make it hard to get but they keep calling you. How many of you have ever have that happen, somebody got your number and you don't want – you are like how else do I tell this person that I'm not interested. So with this, you don't have to deal with getting rid of that since everything is anonymous until you have determined that this is somebody that's you know have serious potential then you give him the real email or phone number but it handles that all anonymously for you.

And the fourth advantage it has is you don't have to go to environments that are ungodly and most of the places people think about, they go to meet singles outside of church. They have secular music playing, secular dancing and most of the times a lot of alcoholic beverages when you really think about these places and these circumstances. So, those are four advantages and there are pros and cons of both ways but those are just some things to think about it and many times we don't hear both sides of things. I wanted to give you all of some other alternate to that.

Stephanie: This is the continuation of the question about her spouse, also I want to reiterate because I left off. It is important for us as wives and women to just encourage our men. The gift of exhortation is so great and it is so needed in our homes. Many of these men are going out and having extra-marital affairs because the women are giving them the praise that they don't get at home. We are so focused on telling them what they're not doing that we're not giving them the praise even for just coming home. Given them the praise for putting the money in the bank. For going to work everyday – I mean even if it's just taking out the trash.

You know, just whatever you do. I remember when – when Sister Tracy told us that she just really gives Pastor Charles a real boost by just telling him, "How awesome it is that he is taking out the trash." His muscles are strong. But I don't know what that does for him. I mean – I just know that it is important for us to use our gift of exhortation. If Eve can call Adam away from God in disobedience just by her words, imagine how much more we can do just using our words to build our man or our husband or even our fathers, it's just important for us to give the gift of exultation and encouragement.

This was her next question. If my spouse is caught lying and since everybody tells small lies and it's always about other women, am I suppose to believe that this is true?

The answer, well he is partially correct. Most people do lie at some point or another, however it becomes a problem in the relationship because you can't trust him if he is doing it a lot. Why does he not feel comfortable telling you the truth? Usually when he answers this question out loud in his head, he will usually find that what he is doing will disappoint you or make you angry because he feels guilty about it. Whenever there is guilt, everybody say, "Whenever there is guilt, God wants you to think twice before doing it again."

And then this final question from her. If he gives an email for the woman and I say, "I don't know this person, if he says, "Me either." And then I email her back and find out she knows him and is married and I'm wondering why he denies knowing her am I being a fool? No, not exactly of fool, it sounds like your husband is getting gratification from other women and talking to them fills a void of some kind.

Sometimes it is from the lack of wife giving proper praise and exhortation. Other times, it is from soul ties and prior multiple women attachments that he is used to and needs deliverance from. Yes, there are a lot of men who perform extra-marital affairs. But it begins somewhere and let us begin in our homes as of today February 14, 2010 to allow our mouths to be encouraging instead of discouraging.

James: The next question is how do I get a man to talk to you in a common manner about what is bothering him? How can I – who would like peace in the home? Ask my husband to go to anger management classes. When I even suggest that he has a problem and he gets really angry.

Amen.

I had to really pray on this one because most of the resources on this is when you recognize that you have a problem and they're giving you techniques for anger management but her question is if the person don't think that they have a problem and they get mad when you tell them they do have a problem. How do you—so techniques are not really working in his case because they don't think they have a problem.

And these are four things that was placed upon my heart to do in that type of situation where the anger problem has not acknowledged in the person:

- (1) Pray to the LORD consistently on it. I've made changes in my marriage just off of my wife's prayers and there have been times when she had seen me doing stuff and made them picking up my clothes and are consistent. She's like, "Why are you doing that?" and I, "I don't know, I just felt glad to pick it up." And she just—really just touches her because she said, "That's what I have been praying, I haven't mention it to you. God just works with you on it." And she is saying multiple things like that, but she hasn't mentioned them to me but because she's consistently prayed about it. God has just molded my heart and place it upon my heart to do it.
- (2) The second thing is to keep your house filled with peaceful worship music. I can step into some house and then even without hearing a word, I can feel the spirit of tension just in the atmosphere of the house or the other houses you go into and I can just feel the anointing there without hearing any music or anything so I can feel the atmosphere, or the vibration or what has occurred there. The atmosphere carries tension or it can carry the anointing. The anointing breaks the yoke but tension causes strife. And even Saul, he was relieved of the spirit of rage by just David playing his harp. He says, play that music, it got rid of that angry spirit upon him. So, keep your house filled with peaceful worship music. And also use the fruit of your lips. You can just be washing the dishes and sing, I exalt thee, and that thing will fill the

house. My mother used to do this. I mean, it will be hard for us to be mad and we're just hearing that praise going forth. But when you try to confront him it stirs up that spirit so, you have to – I mean music can calm the savage beast. So, just fill it with your own songs as well as other praise music that is peaceful, that will change your atmosphere.

- (3) Number three technique: When discussing matters that may inflame, keep your voice extremely calm and the volume low. Voice tone is contagious and I've heard people argue and they say somebody is yelling at them but they couldn't hear the emotion in their own voice. They are like, when I'm not yelling, I just feel. It's still emotion in it and if a person has an anger problem it stirs it up and is contagious. So, just pay extreme careful attention on your voice tone. Just make it peaceful, calm, keep the volume, no matter how loud they get, you keep it calm without emotion and keep the volume low and it will show the difference between the two clearer when you keep it calm than if you're coming back at it with a violent tone. It helps and mother, even if you have problems doing it then the other thing you can do is just be silent. That's what technique my mother used to use on my father. His temper would flare up whenever he was stressed in the business and he would be blowing steam up. And she would basically just be quiet and after a while he would find himself—she wouldn't say anything and he would tell of what's she's thinking and argue back against that. And after about ten minutes of doing this he would start to feel silly. He's looking at her and she's just peaceful and he is just arguing back and forth and after a while he's hearing himself and it made him feel silly. So that's one technique that you can use. And also, be careful even if you're silent, be careful of your facial expression and your attitude. You know, you can be setting this up and looking like – you know. That's a whole lot – and that will stir him up even more. Why are you looking like that? So make sure you just keep peaceful look. They look like they want to fight. So even be cognoscente of your look because that makes a big difference – even at rolling the eyes and all types of stuff. Look tone – all of these things, they can just stir up a problem.
- (4) The last fourth thing on that, I'll let my wife talk on it. If you can't get them to counseling, another way is to make a dare with them. You've tried everything. If you can make a deal that you'll make a positive change that he wants you to do in an area. And also, offer to go to counseling with him so he doesn't feel like he's just a problem or you're saying that he has. So, for instance, if he wants you to lose some weight, I tell you what – let's improve this marriage together and if I work out twice or three times this week, will you accompany me to go to anger counseling so that we can learn to communicate better and that's one way. If that doesn't work then aother one you can try, it's the last resort. You can say, I really don't feel like I've been pleasing you enough sexually lately but a lot of that is because I'm not in the

mood after we argue. So, can we go to counseling together so we can improve our sexual frequency. And that changes a whole different mentality versus saying, "I think you need to go to counseling, you know, you're just – You've got a problem." I mean, that's the way a lot of times – this approach and then there's a battle there. But this is a whole different spirit and it allows both of you to make changes and you are going with them so you don't feel like, you want to communicate better both because you're dealing with a temper problem and see, an angry spirit is not rational and the slightest little thing will blow it up. Even all the problem maybe all on one side. I'm just telling you how to best deal with it. I'm not saying it is not all on one side, but I'm teaching you how to most successfully to deal with it.

Stephanie: Okay, my husband and I had been apart for more than three years. He was in a different country and we are soon to be reunited and I want to blow him away in bed. How do I make this an experience he will remember for the rest of his life? The first thing encounter after more than three years.

Answer: first of all, he is just going to be happy when he gets you again. And the name of an excellent book which is in our book, in the reference section, is "How To Be A Great Lover – Girlfriend To Girlfriend". Totally explicit techniques that will blow you away, it will blow his mind. Even though it's saying Girlfriend To Girlfriend, it really does outline it in details to tell you some different things that you can do, if you've been married and you feel like things are dried or dead. Get this book and just, if you don't like some of it just turn the page.

Try something else but never let your mind be complacent where you are and this book is by Lou Paget.

James: The final question that I have today is from York, South Carolina. It says, "When is it acceptable to get a divorce?" And we had multiple people writing in with different situations. So instead of dealing with the individual situations I just combined them here into this one. Malachi 2:16 says, "I hate divorce says the LORD God." And he really—when he designed marriage he really designed it for a lifetime of the couples. So, that was God's intent for marriage that the two shall be joined—letting no man put a sun to what he has joined together.

The only two circumstances at the Bible allows for divorce are for sexual unfaithfulness, number one, and abandonment by a believer, number two. Other than that, the Bible does not have any recorded permission for divorce. And I realize that there are other situations where it's not good to be in the same house with the spouse like when abuse is taking place or some other things sort of like habits. The Bible is silent on all other reasons relating to divorce but it doesn't say you can't separate those instances.

A spouse who is being abused should get themselves and any children out of harms way immediately and find the new temporary home. The abused spouse should not return home until counseling as taken place and the counselor has deemed it safe for them to do so. So those are that's what the Bible says and I'm not going to add anything to it. I'm not going to give a personal opinion. We're ministers of the Gospel so, telling what the Bible says on it and what you can do in some of the other situations. So, that's it.

Stephanie: Okay. This is another question from Canada. How do you know when you are ready to get married? This topic is also covered in Chapter three of our book but it says, you will have a desire to be with this person at all times. You will be comfortable with all their decisions in life and being a part of those decisions that they make and have made for themselves. You will be comfortable with their actions and the way they treat family members and common workers. Their mothers, sisters and waitresses and maids – all people in blue collar employment and you won't mind to sharing all that you have with them and feel comfortable at their level of income alone.

You will agree with or not mind their religious and political views. You will be comfortable bathing and changing this person's diaper if they were to become ill. You will feel respected and trust this person with your life. And you will also feel comfortable that they feel the same way reciprocated towards you.

The next question same person, How long should you have been together before? That was our question.

In our book, we talk about courting and dating and the difference. And this is the response for me is, after courting which is acknowledgeable dates. That you are intentionally dating to become one. That you are going to get married and this is the process of getting to know one another. He's not saying you're just his girlfriend and you saying his your fiancé. But it is a two-person agreement that this relationship is an engagement to be got married. And then it says, after you have been together long enough courting to answer all of the before questions.

What if one set of parents has reservations?

Answer: In our counseling experience, the parents have always been right. God placed a level of responsibility on the parents to raise and nurture his children and the parents can see more inside of a person from the outside than you can during the relationship with him. It may not be that this person is not good for you but that you may not be good for this person and they can see a level of uncomfortable living that may come in later years.

So sometimes, mama can see that you are little high strung and that he is a little too low-key for you and she might not recommend this person for you and you're just thinking that she is saying, "Ain't nobody good enough for me." But we have been given responsibility over you to make sure that your life is successful.

Her next question: How do you get over the fear of being hurt again, so, that you can increase your emotional intimacy?

Answer: In the workbook section of the book, there is a ceremony that is to be performed to remove soul ties and un-forgiveness. These feelings that you speak of are spiritual attachments that need to be removed and broken off of your life and it will remain until you do a physical and spiritual cleansing to release them.

James: Okay. I'm out of questions, but since she has one more I'll make some comments here that will help your household. We haven't mentioned anything, we didn't get any questions about children and sometimes children can cause strife in a marriage. So, I want to give you resource that will help your entire household and you all have heard the saying that, "A family that prays together stays together" and this will even relate to that. I'll tell you what we do in our house that really helps – it helps our marriage and it helps the children from a spiritual standpoint and it just flows over our household and the foundation of their training.

One of the things that I did with the Word being our guide book, I want it to make it simple to get the word in my children as they grow up. So that they wouldn't depart from it as they got older. I look at all of the Bibles that were designed for children and I found the best one, it will be at their level. And basically, at least five nights a week, we read from this Bible, it's called the Day By Day Kid's Bible. It says, "Read the Bible in one year and seven minutes a day and it breaks the Bible up in daily chunks. Now, I'll talk about two books, this one is for a younger age. I would say anywhere from ten or eleven years old down and it's written on a very simple level and what they did? And this is usually the child's first introduction to reading the Bible. There are many adults who had never read the Bible.

Most of Christians have never read the Bible from cover to cover. This book will take them through the Bible from cover to cover in its seven minutes a day in a simple form. So, even most of the adults hearing it in this form they learn a whole lot because they haven't read all of those things. So, some of the things that it does, first of all, it does and leave out the genealogy because they say that kids at that age, they're not going to remember the big names. Most adults don't like to read it anyway. So, it leaves out the genealogy, number one, and number two, it makes it PG so it waters down the sexual stuff and some of the heavier violence.

Number three, it takes the stories that are repeated like most of your gospels, Matthew, Mark, Luke and John, telling about the same stories that happened with

Jesus. So it takes and consolidates them into one will have the different references there. So that shortens it. So it tells that real good at one time and consolidates them into one but will have the different references there. So that shortens it. So it tells it really good at one time and consolidates those.

The fourth thing it does is it puts the Bible not in book order but it puts it in chronological order for them. So for instance, if David wrote a Psalms about winning a war, it will have the war in there from earlier book and then it will have the Psalms right behind it that talked about the victory of that war. So in their minds they can connect it in because they can see what the writer – and they can understand the flow of history in the Bible better. So it does those four things and it puts it in the second grade level and it allows them to simply understand it, so we all read this to them every night and then we would ask them questions about it and they really have been absorbing the word of God with this resource. I actually had them ordered and they have it, even the bookstores so you don't have to write it down.

So we do have them back there as one resource. Now, my oldest child, he's reading this one and this is good for teenagers or adults that have never read the Bible all the way through. I mean I went through all of the versions and this is the Daily Bible, goes through the Bible from cover to cover but it's written for a fourth grade level. So, it really simplifies it but this is everything here and if you try to just read it cover to cover, what happens to a lot of people, they get in Chronicles or sometimes or they get in sections where there's nothing interesting in it and they get off track during the year. So what this does is it takes each day, you get the Old Testament – passes, New Testament – passes or Psalms and then Proverbs. So it mixes it up. So even if you do out hit with genealogies that's only a sliver of that day's reading and it's not the whole thing.

This will take you through for any of your teenagers and adults that have never read the Bible. This is also in the bookstore as well as the bedroom talk but I'm not going to more details about any of the things that we're said here today.

Stephanie: Alright, how many singles do we having here? Raise your hands – we have someone who sent in a question, “Why is it so hard to meet a good man and how to find a life partner?” Look at your neighbor and say, “It's possible.” and look at the otherside and say, “It's possible” Alright, because it is, well first of all. The answer, the problem is that we are out looking for a man and the Bible says in Proverbs 18:22, “He who findeth a wife.” That means a lot findeth, he who findeth the wife. He, not she, he who findeth a wife findeth a good thing and that really isn't our biggest problem. Yes, we're going to out looking but the biggest problem is honestly single ladies, we really don't want a good man.

We want that man with a swagger, we want that man who is out, who is got many-many girls looking at him because you want to be proud to have this gentleman on your arm. Well, that swagger in physical appearance; it causes instant combustion, right? He is the one, when he calls you, just gives the chills, you just get excited, but there are other women who want that same type of men. This combustion is felt by many other women, the good man are truly over looked because they are not standing out and don't have debonair qualities. But they have a great jobs, they are faithful, they call you when they say they're going to call. They are easy to get along with, they dress regular and not flashy and they are not the most attractive in many cases.

But they are like diamonds in the roof. The ones that are the best ones are overlooked and considered friends or friend quality, I just can't see myself kissing him but this same person will lay down his life for you and will do everything in his power to make your life perfect. It's hard to overcome these preconceived notions of who we really want. But we as women are looking when we should be waiting. Saving our money to be a contribution to the union? That was hard for me. I raise my hand on that one, instead of relying on man to come and counsel our debt.

Woman should be counseling soul ties and getting closer to God and learning what it really means to be loved and to love unconditionally. We are looking in the wrong places but if you must be on the prowl, go to the right places. How many – a lot of Cooglers you all know the Cooglers are the older women who are looking for these young men. Well, what I'm about to tell you, please don't listen to it, because I don't want to get in trouble by any of our college people, however, if you want to find someone who is quality marriage material, go to the college libraries. They are full of eligible bachelors that are in school to better themselves. Go back to school yourself and find yourself studying in the library. Or just go there on weekends or evenings instead of the clubs. Most of the men you men you meet in the grocery store are pretty much married.

Yeah, they are in there buying what their wives told to pick up on their way home. Unless you know, some of them are bachelors and they have, but most of them go shopping on Saturday morning and they don't go during the week. So most of the men you meet in the grocery store, they are stopping by to pick up some milk. You know, the signs are chicken milk and you know, if you see some Maxi pads on the belt. I'm telling you, don't listen to anything this gentleman has to say. It is for my sister. No.

Okay, and it is sad to say also but Church is no longer, truthfully, I mean, just to be very, very honest, it is no longer the real place to come and find your husband because they are on the prowl. They are actually being predators in the church, because they know that women are flocking to the house of God in loneliness and they are praying on this emotion.

So don't be blinded just because you meet them in the house of God, singles at church, they are a great way to meet men but you have to go to the Single's Ministry. You have to be in the mix, where the singles are actually seeking God and actually trying to better themselves in the presence of God, before they try to better themselves with someone else.

And as my husband said, online dating is a good way if you follow the guidelines that James spoke about. Where will the type of men I am looking for be found? What are some of the things that he will do? If you want a successful, business, professional, or an executive, chances are, he will play golf or tennis and you need to take up one of these sports. Figure out the hobbies you can expect him to participate in and go to those places with a girlfriend.

James: Amen. Amen. And one of the thing that I forgot to mention about our – or the preference about The Family That Prays Together Stays Together. With our routine, basically, we read this for seven to ten minutes then we will ask questions about the selection that where in. And that really makes – pay attention better when you ask questions or if there ain't questions that don't follow, they know they better be paying attention. And the third thing is we all pray after that and we just go around and let this person pray on. That's the reason when you see my kids get up at eight, they know how to pray because they've been praying at home. So they and just pray up here but they are praying every night at home. So a lot of the dynamics of the families have now changed.

Families don't even eat together anymore. They don't pray together anymore. They don't – they don't read the word, so I just challenge you to just try that routine that we use in our home just for one week in your home. So, get one of this Bibles and spend the time reading it together and ask the questions together and then pray together as a family most of the routines now at our house is before bed is watching the TV. So the TV has replaced the word of God in our homes. So I just challenge to try that and just see the difference in your family dynamics that it makes. Even just for husband and wife to praise him. Just that unity of Spirit and the other thing it does is it teaches your children for their next generation.

And so they grow up doing these things with their parents. They will do it with their children. And it will come back into their memory but parents a lot of times don't even read any kind of books to their kids and they just let the TV entertain them. So I challenge you to get that and just try it for a week and just see that routine makes a difference in the way you feel with your kids at night. You send them to bed with this on their minds.

Stephanie: In a definite bedtime for parents with children, that is so important. If you know that your children are in bed at eight o'clock then it's easier to get a

babysitter to come and sit with them if you all need to go out. If you have another function, if you just want to be alone in your bedroom without any interruption. You know, there so many teenagers that are in neighborhoods and in subdivisions that want to work. And if you are uncomfortable with leaving them for a long period time, just invite the teenagers to come and sit with your children while you and your husband are enjoying the evening in the basement, just in the bedroom. Whatever it maybe, there is way for you to find time for one another and teenagers they are usually inexpensive.

Now if find one and they really tell me what they want per hour, then you might want to just say, okay, you know well use your one time but we don't look elsewhere. College students are also always looking for a job because they need to make ends meet and parents aren't always sending money for them to have the luxuries that they desire when they are in school. So try to use wisdom in planning your evening. It is so important for you to still date one another. It is so important for you to just look—My husband, when we first got married, he would hug me and it was just bothering me when he would stop me and hug me while I was doing what I was doing, but now I realized and I actually wait, I walk up to him and hug him, because I've realized if that's him showing me affection, I've never really been an affectionate person.

I was a tomboy, so all of the stuff I did, you punch me I'm happy, you know, that's the kind of way I grew up with two brothers. They'll hit me in the arm I'm good, and he has to bring that essence of love into my life that I did not have before. But now I'm able to love him and hug him and accept his love, because I wasn't raised – and he knew that.

And he realized, he had to add that affection. His family was affectionate. My family wasn't. So we have made a wonderful compromise and that we now are working together in the area that he needed affection and I needed to give more affection. So work together.

James: And we thank you all for your patience with us and that concludes our talk and we have these resources in the bookstore and C. Elijah closes out today and we have to run to another engagement so.

Stephanie: My father is 80 and they're having a birthday celebration, he was a Pastor there for 42 years and they're giving him a birthday party and they started, well, probably when we got up to speak. So we are just going to exit now and go on and celebrate with 80 years with him. Amen!

James: I pray to the LORD that you got something out of today's question and answer session. We thank you.