

# The Love Birds Seminar 2014

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Speaker: **James And Stephanie Bronner**

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Stephanie Bronner: Compliment your partner's strengths and express your love for them often and overlook little things.

Female: You are listening to brothersoftheword.com. This is "The 2014 Love Birds Seminar," by James and Stephanie Bronner. This message is number 8238. That's 8238. Listen to over a thousand free messages on brothersoftheword.com.

(Music Playing: 00:00:20- 00:00:48)

Female: And now for 8238, "The 2014 Love Birds Seminar."

James Bronner: Welcome to Brother of the Word, because brother --

Stephanie: And sister --

James and Stephanie Bronner: You need the word.

James: And this is our annual Love Bird seminar that is designed to enrich our relationships and our marriages. So we just pray that this session be a blessing to you and to maybe even somebody that you know that you may tell about it and send it to them. Just to introduce ourselves a little bit, I'm James Bronner and this is my wife, Stephanie Bronner. We've been married for 17 years. Amen.

During our first 10 years of marriage, God birthed seven children through us and just a little testimony about our relationship, during those 17 years, through some of the principles that you will hear, I've only raised my voice at my wife one time. So God has been good in our relationship and she's never raised her voice towards me. So we do a lot of relationship counselling in and out of the church and also the (00:02:07) of bedroom talk, how to turn your marriage into a life-long love affair.

And for the format this year, the Lord let Pastor Nathaniel to have a question and answer session and the questions were emailed in ahead of time. So we brought those with us here and we're going to cover the questions that were sent in and then we'll give you some general tips that may just be for everyone at the end.

So the first question and we'll rotate the questions. The first question is when the marriage is over and both people know it and nobody is leaving in the fear of God, do you just live in separate rooms? The answer that I would give to this one is before I give up in any situation in life especially one that is life changing is marriage. I always make sure that I have done all that I could do in that situation. Many times, people give up and say that they've done all that they know how to do and that maybe true. But what you know how to do is different in many cases than doing all that you can do. You might not know everything that can be done and after I've tried that all I know how to do, then I go out and get the counsel of those who maybe trained in that area of life and I try all they know how to do in that situation.

One of the cheapest and easiest ways to do that is through books. Any time I have a problem in life that I can't solve, I will go and read the best books on that subject and see what the experts and those who have the best experience handle in it says and the best practices.

Since the person writing the question then say what area caused the marriage not to work, I want to give you the best books in all three of the top areas of marriage which are money, sex and communication. So in that first area, if your main problem is in the area of communication, the book that I would advise you to read is called, We Can Work It Out. How to solve conflicts? Save your marriage and strengthen your love for each other and this is by Clifford Notarius and Howard Markman.

And this book will have you recognize the early warning signs of a troubled relationship, the four types of conflict and the long-term effects of each. How to communicate preventing anger and blame and how to communicate minimizing arguments about money, sex, jealousy, children and relatives. How many of you have argued about one of those? If your main problem is in the area of money, I would have you to read the book called First Comes Love, Then Comes Money by Scott and Bethany Palmer.

And this book would deal with the different types of money, personalities and how to peacefully handle different types of living together. It tells you how to diagnose your level of what they call financial infidelity.

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And you can imagine what that means and how to evaluate your money, position and have conversations about money and your future without fighting and damaging emotions. If your main problem is in that third area of sex, I'd have you read the book called, "The Gift of Sex, A Guide to Sexual Fulfillment," by Clifford and Joyce Penner and this book will address issues of different energy levels and sex drives, the lack of time, pain in sex, birth control issues, erectile dysfunction, premature ejaculation and lost love.

And as you read the book or books for your areas of problems, challenge, also combine them with prayer and ask for God's help in your relationship and He will help you to fix these things that you can't fix on your own. He'll show you sometimes ways to fix problems that we can't think of or even that might not be in a book. You can't fix the other partner. All you can do is work on yourself so God through prayer can work on them while you focus on yourself. Now into question two.

Stephanie:

All right. I don't know why I seem to have some of the harder questions. Just kidding. This one is a bit difficult for people who had been married for a long time or women who are in their 50s, how do you keep things fresh? It's so easy to get bored with our spouses. So this question will even help people who are not in their 50s. Well, I'm close to 50. I'm in my 40s. Hallelujah. And I can say that in my 30s, I still had to try to reinvent things to keep it fresh.

So, this is a process. This is not something that just happens at 50. It's not something that happens after the kids are out of the house. This is my boyfriend and I wear shirt sometimes and that say, "I love my boyfriend" and I get so many comments about it because I tell them he's been my boyfriend for 17 years and one guy said, when I told him I was married, he said, if you're wearing that shirt then you're missing the best part because he's saying I'm married. I should be doing a little more than just having him as my boyfriend.

But in my mind, I think about my relationship with him as not just my spouse because it stops there. That's a commitment. When I was his girlfriend, it was so crazy fun because there are so many endless possibilities with a girlfriend. So that is a part

of my fantasy when I think about how to keep it fresh. There are times that I mean, lately, with our kids being so much older, I haven't done (00:07:27). I'm so sorry I haven't been as wonderfully created as I used to be but surprise visits are awesome. In the office, things you can do. I mean, just very spontaneous things that are in public that might be very fun and just make the husband or the wife just be excited to find out what you're going to do next.

There is a life within our marriage that doesn't need to die. You have to go back to the first days of when you were dating and you were excited about dating. When that phone call or ring your phone and you will get the butterflies in your stomach, "Oh, it's him. Okay. Let me get it together." There were times I wrote down questions just because I was so nervous. I wanted to keep the conversation going. We've gotten so comfortable with one another that there is easily a time of boredom.

Well, one thing you can do is read the book, Love Languages by Gary Chapman. How many of you have heard of that book? Love Language, the five love languages. The five love languages book helped James and I to reinvent so many parts of our marriage. Why? Because I know I love him with every aorta of my heart and I know I'm crazy about this handsome, hot priest that lives with me. I know I love him and I know he's everything to me, but guess what? The way I love him may not be the way he needs to be loved.

And in this book the five love languages, it speaks on the five areas that are generally places where our spouses need attention. You have a spouse that may get attention through personal touch. I see Tina and Dre over here cuddled all up. You got spouses that maybe personal touch. You have some that might need words of affirmation. You have me, which is a person of acts of service, things that you do to show love, then you have gifts and you have quality time.

So all five of these love languages might differentiate your spouse from what you think he or she might be. So if I'm a person of personal touch, meaning, I need you to come and hug me. I need you to touch me every five minutes when I walk by, I need you to pat me on the behind or I need you to just touch my hair. I need you to just touch my face, personal touch. That may be what I need but if you're telling me, "Oh you're so

beautiful. Oh, I just love that outfit you have on. Oh wow, I just love how you smell. Oh, thank you for the food. Oh, you're just so wonderful. Oh, thank you for my watch. Oh, I love these gifts" but if I never come up at to you and touch you, you won't understand why you don't feel love from that person. So, this is an opportunity, in reading this book to truly understand.

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And both of you have to read it because you have a love language and your spouse has a love language and if you don't know what they are, it can easily dry up because we assume that the love language is what we need. I'm acts of service. I mean, I want you to wash the dishes. I want you to vacuum the floor. I want you to go grocery shopping. I want you to keep the kids. I want you to do the laundry.

All of these things are my love language and acts of service is the hardest love language to reciprocate because nobody can do it like you. Me getting up to fix you a cup of water when I just took my nap and woke up, and technically I want to go back to sleep. I might get, "Let me go see if he needs something." I'll go and see but to him, it's nothing but to me, that's everything because I want to take care of him. I want to make sure everyone of his needs have been met.

So if he just comes up and rubs my back and hugs me, oh, I do love so much and he never does anything that I needed him to do around the house, my love is not fulfilled. Do you understand? So I spend a little time on this book because we tend to think, my husband or my wife, they don't love me and somebody ask, "Do you really love me as much as I do?" You ask me this, it's because they're not receiving the love the way they need it.

50, 30, 90. My parents when they're in their 80s and they still have to give each other love in the language that they needed to be given in.

James: My love language is personal touch. So, we can (00:11:33) together so I need to act of service with some touch.

Stephanie: Yes.

James: All right. The next question and then we received. It says, please --

Stephanie: Now, it reminds me of personal touch then always mean that particular personal touch, however, it is a big part of it. Okay.

James: The next one says, please help me understand what the Bible says about getting a divorce and remarriage. She didn't get all the talking. And this is a touchy issue in the church even among pastors because it's so widespread in the Christian population. Now, the question expressly said, What does the Bible say about it? So, I'll ask with this question from the Bible perspective. The first thing that's clear in the Bible is God does not like divorce.

Malachi 2:16 literally says, God hates divorce. The only valid two reasons the Bible gives for divorce without committing adultery is when the spouse has committed adultery or if an unbelieving spouse leaves. Now I know that's the tough pill to swallow and a lot of marital situation that may seem like some pure hell but I didn't write the Bible, I'm just telling you what it says. There are many situations that you have to remove yourself from the situations due to safety reasons and separating from the situation is always not the same as divorce.

And divorce outside of those two reasons is considered a sin in the Bible but it's not an unforgivable sin. If you get remarried under those circumstances, the best thing to do is number one, to repent unto God and ask Him to forgive you and commit your heart back into Him and commit your new marriage unto the Lord and just honor Him to the best of your ability in that new marriage.

Stephanie: Okay. Question number four, okay? Are you all ready? Is oral sex with your spouse against God's laws? Please explain. This one was one of those that I was like, Ooh, okay. They went there. Well, it is a big question that we get quite often because my parents have never had this question. They were married back in the 50s but as time progressed, things seemingly have gotten more and more interesting, and the answer to the question is according to the word of God, the marital bed is undefiled which means you are allowed in your marriage to do what pleases the two of you.

The two things that prohibit you from doing many of the things that are out there are if it is uncomfortable for your spouse and if it does not show them love or if it's something that they're just totally against and their heart just will not feel love from you if they do it. Then, that's something you need to avoid. Those are the two things. Now, in my mind. I've counseled several women on this very topic because it's a very touchy subject.

In the relationship before marriage, there have been a lot of promiscuous activity that has caused one or the other side to desire this. So you have to consider who you're with. You have to consider that if that was not something in the beginning, that is not easily changed. That is a mindset and it is something that is not ingrained in a person. That is something that usually is taught or acquired over a period of time.

So there's a difference. There's always been a difference between the male and the female's desire for this oral sex issue. So you have to talk it over.

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You have to seek help. One of the young ladies say, "I really want to do it but it is just not possible. I just can't do it." And if that would be you, come see me after the service because I have a few tips that I can offer to you. If you are that one male who says, "I just can't do it. It's just not possible." There are few things that can be done. Also, there are other areas that can be explored that are not necessarily dealing with your personal body.

There are toy shops and places you can go that can facilitate the need and the desire that may be there that your spouse may not perform that can be done with another object. Do you understand? Trying to be very candid because I truthfully did not expect two of my children to be in here right now. So I'm trying to use the best words possible. So if you have those issues, I am glad to give you more information at the end of the service. Got it? Good. Amen. And you should -- thank you, that was the other one I can't remember. I just had it read it and I didn't understand what I had written.

The third reason why you should not -- we're not supposed to say that. The third reason in the bedroom that you should have the

most sacred time is you should not invite anybody into the marital bed because that is considered adultery. Many people have many different rules about the definition of adultery, but the main thing is sex with someone you are not married to.

So I know you've got many. I'm hearing about some things in the secular world that are dealing with men and I'm hearing some things in the secular world that are dealing with women. The main thing is you and your husband where at the altar at the time of marriage and those were the only two people that are supposed to engage in any intercourse inside of your home or hotel or car or anywhere else because it is illegal in the word of God. We say it like that for you to have anyone else in your marital relationship. Amen.

James: All right. Amen. The next question says, "I was asked by a family member for advice, how to tell his girlfriend that he needs to go back to his wife because of his convictions? He's been living with her for 10 years and she is totally depending on him for support. Please advise. I should have put that (00:17:31).

Stephanie: That's what I (00:17:33) my, my, my.

James: This is not an easy question at all. My advice in this situation to him would be three things. First, I would demonstrate my convictions by making sure I'm going to church and reading my Bible and praying without showing any of these three things. I don't think the girlfriend will be convinced that you've got these convictions all of a sudden and wanted to go back to your wife. So that's the first thing. I would demonstrate my convictions with the normal Christian spiritual practices and disciplines.

The second thing I would advice would be talk to the wife to make sure she would accept me back and we're both are willing to make some changes to avoid what caused us to break up the first time. So you can have this conviction but you could get back over the wife. Why you've been gone for 10 years (00:18:23) woman?" You can make all these plans but there has to be two making that decision. And that would be the second thing is to talk with her to make sure that these convictions are going to be accepted on (00:18:35) and that we would make the changes necessary to keep us from having the same problems we had the first time.

The third thing is after doing these first two, I'd make a transition plan with the girlfriend since I'd been with her for 10 years. I have (00:18:49) find a roommate and this helped makeup from my share of the rent and also I would stop all intimate activities immediately before -- and this will help loosen the emotional bond that's there. You still going to have some of that but intimacy makes it much harder when it's time to leave. So those are the three things I would advise in a difficult situation such as that.

Stephanie:

It's been a long journey and I am ready to give up on my marriage. What would you do if you have a husband who is challenged in being a provider because he let out refuses to get a job? How do you submit respect and honor him?

Well, first of all, in the marriage relationship is supposed to be a system of the two of you working together for a common goal. Wife, since you have the husband that is refusing to work and if you've been the person who's been supplying all the needs for the family, then a mission statement needs to be given towards the family and you need to go to the husband. You need to give him an opportunity to be in charge. Give him the opportunity to have a vision. Give him the opportunity to make something out of what has already begun.

Open his mind to the fact that you are willing and lovingly ready to follow after him and support him in every opportunity he comes in contact with.

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There's always going to be a little friction because everybody is comfortable when you're not working but if you give him the support and the words of affirmation that he can do it, help him find a job no matter what that job is and make it seem like it is the best job above the president of the United States of America, because this man obviously had some downfalls in his heart where he needs some building up.

He obviously is feeling low or unable to perform. I know that laziness is a part of it but you, with the words of your mouth, if we can move mountains in the word of God, I'm sure you can move your husband. Don't give up on him because that is not

the call of the woman. We are called to help the man meet God. We are there to help him meet the destiny that God has called him to. One of the reasons why Eve was so disappointing to me and I believe to God was because when God said, "Where are you Adam?" He was not where God expected him to be. So it is our responsibility as women to help our men be where God has called them to be.

That's with the words of our mouth, with our hands, with every effort, with prayer to make sure that even if it's a job that we are speaking life into that man, that he feels why he can't get up and go because the words of our mouths are so strong, he has to meet the need because our expectation demands it.

See if you let it go, and you allow him to continue to rule in this laziness, then it will continue. If you're going to be that leader, you've been that leader all along, lead him where you want him to go with the words of your mouth, allow him to feel the support that you have, and many times, don't take this wrong babe. But there are lot of instances where a woman as powerful as we are, you can make him feel like he did it all. It's all in how we use our talents.

It's all in how we use the words that God has given us. He gave us this power to move our man. Adam didn't eat the fruit until Eve gave it to him. It was a bad thing but that shows our power of persuasion. Now, if God, the Almighty God told Adam before Eve was even in the earth, don't you touch that tree. Don't you eat that fruit and she walk over to him and say, "Here, babe." And he ate it. What you think we can do? We have to use our powers for the upbuilding of our home kingdom and for the glory of God.

We can do it. Don't give up. Use the blessing of your tongue and your mouth and your prayers, under(ph) guard him with prayer and believe it. Don't tell him, (00:22:51) lazy, no good for nothing. You're just like --" No. You are the most powerful man. You know what, I see you, you're so fine. I tell you. I like to see when you get up and work. You can also ask him if he

James: I'm going to go to work.

Stephanie: Yeah. And if he's at home and there is a disability, a lot of times, there's a disability. You can ask him, "Baby, when I come

home, you know what really make mama happy? Is that the dishes are done, get me a little bit more time to spend with you. Rub your feet you know, give you --." You have the power within you. Find what you have and use it because it's there. All right. God bless you.

James: And those were all of the questions that were submitted and by email. So what we will do for the remainder of the time, those three areas of money, sex and communication, we want to just give you five quick tips in each one of those areas starting with the area of money, five quick tips. Number one, don't keep money secrets about expenditures and money going out of the house.

And the example for this with people can be said a very early age. There are lot of mothers that will take the daughter out shopping and they'll come home and put the bags in the trunk and said, "Don't tell Daddy about this and show them the bags. He won't know what we were doing." Without intentionally programmed in a child, you can subconsciously teach a child a wrong way that it's okay to hide money issues from your spouse and it sets up a pattern in them that when they get married, they are going to follow the same pattern.

Stephanie: I thought it was good.

James: Their mama demonstrated unto them. So, don't keep money a secret. You're in this together and you're supposed to work together building a great financial future. Number two tip is, have a monthly money meeting to discuss the budget and near-term issues and an annual money meeting to discuss the future and long-term issues.

Number three tip, to make sure you have a will and enough life insurance where the family can continue into similar lifestyle if either spouse dies. So many times, people don't think about this when they're young and think I'll get away when I get 60 and you never know when something will happen.

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And so life insurance, you need to get it while you're healthy. When you get sick, man, it's too expensive to get. Number four, don't talk about money in the bedroom. Keep it reserved as an

area for intimacy because so many times, when you start getting in money talk, friction can be all that. You don't want the vibration from that, in the same space where you all to be intimate. So do that somewhere else and not in the bedroom.

The fifth tip in the money category is let the stronger financial person pay all the bills and manage the joint expense account. The business world has learned to put the right people and the right position and relationships can benefit from the same principle. So whoever then manifest the husband or the wife, whoever has the better financial skills and the easy way for you to know is who had that highest credit when you got married and who had the most money saved. Those two things right there will usually tell you who is the stronger financial person with skill.

I heard somebody coughing on there. I might have stepped on some toes. So whoever that person is, that's who you need to let be over that area and that's true, I think for all of the areas of marriage, whoever is stronger, you need to put them in charge of that area. So that's one thing I've learned in business. So people have different strengths and when you put people in their area of strength, you see that area began to prosper.

So whoever is the stronger party in that area, let them handle the money and the bills and if not, you might get the lights cut off on you. All right. We'll move on to communication.

Stephanie:

Communication tips. First of all, please read again the five love languages. That's a huge communication benefit to you and your spouse. Compliment your partner's strengths and express your love for them often and overlook little things. The bible says that little foxes can spoil the vine. On this one, the compliments that you give are more important at home because when your spouse leaves, you don't know who's complimenting them and filling the void that maybe there.

So if your husband is leaving the house and he is sharp and fine, you (00:27:09) baby, you sure looking good today. I don't know if I need to change your outfit because I don't want anybody looking at you. Because if you don't give him the compliment and that secretary or that other co-workers say, "My you looking mighty nice today." Just those few little words stick, and for the female, it's the same. If the husband is not acknowledging how

pretty she is or her outward appearance. So even how nice or sweet she is, other people will get her attention because there is a void.

So make sure that you're filling your spouse with that communication of love which is words of affirmation from the love language book and overlook the little things. Little things tend to be big things when it's a lot of little things. However, choose your battles wisely. I have learned. My kids ask me, ma, (00:27:53) -- to my children, there are certain things they'll be doing and I just want to say anything and I have learned wisdom to choose my battles. It's not worth me saying anything. That's because going to be an argument for 35 minutes and I don't have 35 minutes.

So I rather just let that go because that's not a big deal. Learn to let, starting things just go. Learn to pray about it because there are certain things you can't change. The harder the king, my king is in the hand of God and there are things I think need to be different but my words are not going to change it. But if I pray about it, every time I have prayed about it, every single time I haven't said a word to him. He will come to me and say, "Well this is what I'm going to do, I'm going to increase your budget" and I had not said a word.

Let daddy handle your issues because if I had got him, it would have made him feel like I wasn't appreciative. We don't know what our man go through before they get home and at the same token, our man don't know what we've been through while we're home or before we get home. So take it to God. The only person you can change is you.

Number two, don't let outside distractions interrupt your communication time with your spouse. Show that you're listening and this would mean, no text messaging, no email, no social media. Jame and Joseph, and no kids. That's why Daddy it takes me away on Friday because even when we're trying to watch movies at home, or they go come in, "Ma, Jay said" and I'm a real mommy, I'm going to say. But what he's like? This is why I take you away because -- I haven't got to time. They steal.

So the key is you have to take that time imagine how it was when you were dating, those are the fresh moments of dating. How insulted you would have felt with a phone call coming and

now I understand some business calls you take but that should be every now and then. That should not be a constant. So as it is said, no text messages, no emails, no phone calls and try to look you person in the eye. Try to look at your spouse in the eye. Understand what they're saying.

Our biggest problem is number three. Make sure to listen and get a heart of what your partner is saying before you actually talk. We are so defensive. I am so defensive. I don't know about you all. There are things in times James will come to me with something so simple.

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But I'm instantly going to give him the reason why it is the way it is when in fact he just wants the future to be different. He is not thinking about the right now, he is trying the change future. So, I have to hear him and his heart and not give excuses. There are several reasons why things happen but the future is the key. I don't want to be any worse than what he is expecting me to be for the future. Is that makes sense?

Listen to your spouse before you speak. Listen clearly for the actual issue. Don't think of what you're going to say while he is talking or while she is talking. If you have to say, "Wait babe, let me get a pen, wait a minute." Get some pen and paper and write that thought down that's in your head so you can listen because many times we're too busy trying to hold on to that one thing we want to say so we don't forget. So, they're talking about you like -- because your trying to get it in before you forget about it because it's good. Write it down so that you can listen and this makes the difference because the point you might want to make may not be made it if you're listening, okay?

Number four, don't argue when either party is too tired. And stop if you either one of your temper is getting too high, wait until you both cool down. James's father, the one of Nathaniel Bronner, Sr. said, "You can't do anything good when you're tired but rest." You can't do anything right when you're tired. The only thing you can do right is rest. So if your spouse is coming home from a long day and there's an issue, I advise you to wait until Saturday when that person has had a nice sleep and make sure they get some rest. The kids, come on, we're going to put the kids to bed. Went to bed, they go to sleep now. I want mom

to go bed today. I want her to get a good night sleep because we have a long talk tomorrow.

But don't pile too much on them. Too soon and for too long. James has actually told me, "Babe I've understand you need to talk to me but sometimes can you just like give me the one thing right now, just the one thing." And then we'll deal with two and three at another time because we have a tendency to rattle it all off and a man's personality and ego, I love you all but you all just can't take a whole lot, not at once he wants.

Maybe of a period of hours but most of the time, he'll say, "Can you make it quick?". Just please be mindful of how much you pile on at one time. And number five, be honest and trustworthy with your word. One thing my father taught me is the only thing you have is your word, everything else can pass away, be stolen, burned down but your word, you always have your word and your spouse has to trust you. He or she has to trust you no matter if you're there, if you're on the phone if you're on express way, if you're out of town, your word should be your bond. No matter what, your word should be your bond.

James:

All right, the last category so we've covered money, communication, and now, sex or intimacy. Five tips in this area. Number one is to date weekly and vacation without the kids at least annually and this is something we've done for the entire 17 years of marriage. Even with having all of the kids, we would schedule that date and have help there at that appointed time and we schedule everything else at work. So you need to schedule time with your spouse and it really helped us to keep the same passion that we had when we were dating. So we continue the same thing for the entire 17 years that we were doing before we were married.

And then vacation annually without the kids, it allows you to just have three or more days of just you and that spouse to do fun things, to relax and just to live life without all the cares and responsibility of being at home and having all of the chores. We've had some of our biggest breakthroughs while we've been away and it doesn't take a lot of money. The last trip we went on, we didn't have a lot of days so we just went up to North Georgia mountain for three days and our trip was about \$300. It didn't take a lot of money but it just did us a lot of good to

rejuvenate and just enjoy each other. So we date weekly and vacation at least annually by yourselves.

Number two tip, if you aren't having sex on a regular consistent basis then schedule time for intimacy. So just like you schedule the time for dating, you have to schedule time for intimacy and this may seem contradictory with needing to be spontaneous. You need spontaneity but the research and experts have found that when you're not having regular sex, you do better scheduling than not scheduling it because you'll end up with two irregular of a pattern without scheduling it. And just to give you some statistics on the frequency among married couples because you don't know what's going on with other people. So some people don't know what a good frequency is. Let me just give you the averages in America for married couples in a various based on age range because of course sex is (00:34:54) hormonal change with the years and the energy levels.

For couples under 40, the average is two to three times a week. For couples in their 40s the average is twice a week. For couples under 50s, it goes to once a week. In their 60s it goes to a couple of times a month and above the 60s, it goes to whenever they can get it up. So that of course depend mainly on your health with that. Those are some general parameters just to let you know what the average frequencies are.

So if you're too far away from those averages, then you need to schedule it so that just like the other important things in your life and this is some important part of marriage and I feel like it's so much of a shame and a lot of times, you see single people having more intimacy than married people and that's the only thing you can do that you can't do. According to the bible, single so the main benefit that you get out of marriage that you can't do single is (00:36:01) see single people enjoying it more than married people. So this is one of the benefits that God has grace us in marriage so it's one of the best pleasures of life. Food and sex are up there with the two top pleasures of life. So when it's removed out from that which is legal, the enjoyment of life just reduce. It's a shame that so many married couples have limited this privilege that God has given us and the relationship.

Stephanie:

In that area also was you can have a babysitter. We've used college students on many occasions to come in and just give us a few hours of a break. College students, you can go to Georgia

State Campus and they have at their occupations office where you can see the students who are looking for jobs to babysit children. We also used Sittercity.com and Care.com, interview people and have them come in on a scheduled basis so that you go on your date night, you got somebody to watch your kids. And usually by the time you get home from the date night, that person could have been told to have the child in the bed and asleep so that your intimate time could be therefore easier and not as hectic dealing with small children. So, try to find someone to come in to help you. They're very inexpensive, a couple of hours could be \$20 for college students, \$10 an hour but of course, you have to go through some and find those that you do you feel comfortable with. But once you find that person, that would be, a helpful tool in maintaining and continuing your intimacy.

James: Number three, just give your sex life variety, trying different things of using fantasy, text messages throughout the day, and spontaneity so just doing something on a spur of the moment and saying somethings in situation that might come up. It can just really stir up your spouse. I won't give you any specific but it she was --

Stephanie: I'm really good at it. I can tell you after service.

James: We got some kids in here so I'm just going to leave it at that. So I'll just let you use your imagination. Number four, I move on is to distribute house chores between both spouses and the kids so that you can get into bed before all energy is exhausted. So many times you get home from work and all of these house chores with dishes and dinner and homework, it's so late that the wife don't have any energy left so if it's distributed through all of the people in the house, it can help her to be finished at an earlier time so that she can have some energy left for her husband so, this has been shown to help when they've survey large group of marriage couples.

And the fifth tip is to give each other frequent massages and people go to the spa and pays \$60, \$75 dollars for massages and you can save a lot of money and just have a better experience right at home and we actually bought a full size massage table off from Amazon for \$100 dollars and we put it on our bedroom. So about about once a week, we will give each other a massage and usually they are on different days so I give her a massage

one day. She gives me a massage another day so that we can just fully concentrate on the other person and we bought a professional massage (00:39:01) and it's just does so much for the relationship.

First of all, life has so much stress and your boss might be on you at work and kids so it just gets a lot of the stress out of the body and then it helps with that person of touch just allowing you to feel each other and just to have that intimate time just through touch and it doesn't always have to end in sex after that and sometimes it needs to but it's just very intimate activity that you can do and it's suitable for all ages. So even if you some dysfunctions in the later years, this is something that you can continue to do at 80 years old, just massage each other, give each other an hour massage and will heat the oil and put some soothing music on in a minute, just really makes a big difference with stress.

And that concludes all of the questions and all of the tips, the five tips in those three areas. If you didn't catch the title of anyone of those books that I mentioned earlier on money, sex, or communication, you can see me after service and I can let you see the name of that book and they're all available right there on Amazon.

00:40:08

So to conclude the service today, we just want to pray over the couples. We mentioned those three areas of money, sex and communication are the big three of marriage. We want to just pray for all three of those areas and the positive manifestations or forms in those areas are peace, passion and prosperity and also the simple three things that we want to pray over your relationships today is that peace, passion and prosperity. So (00:40:36) can just play on something, you all can just come up and we want to just pray those three things over in the name of Jesus. Sometimes we just need a spiritual breakthrough.

(Music Playing: 00:40:47 - 00:41:19)

In the name of Jesus, we pray for an increase of peace, of passion and of prosperity in this marriage. Amen. In the name of Jesus, we pray for an increase of peace, passion, of prosperity in this marriage. Amen. In the name of Jesus, we pray for an increase

of peace, of passion and prosperity in this marriage. Amen. It's done. In the name of Jesus, we pray for an increase of peace, of passion and prosperity. In Jesus name we pray, amen. In the name of Jesus, we pray for an increase of peace, of passion and prosperity in this marriage. Amen. We call it done. Amen. In the name of Jesus, we pray for an increase of peace, of passion and prosperity in this marriage. Amen. We call it done. In the name of Jesus, we pray for an increase of peace, passion and prosperity in this marriage. Amen. We call it done in Jesus' name. In the name of Jesus, we pray for an increase of peace, of passion and prosperity in this marriage. Amen. We call it done in Jesus' name. Amen. Give the Lord a handclap of praise. Amen.

Just look at your spouse in their eyes as we sing this.

(Music Playing: 00:43:46 - 00:44:20)

Let us pray. Dear Heavenly Father, we just thank you for this Love Birds Seminar, O' Father. We pray, O' Lord, that the words we have spoken, O' Lord, the wisdom that we have given will help the relationships, O' Father, the ark of salvation. And we pray, O' Lord, those three things over every couple, O' Lord, and increase O' Father of peace, O' Father, an increase O' Lord, of passion in their relationship, an increase, O' Lord, of prosperity, O' Father. And we just pray that you'll touch O' Lord every couple, O' Lord that was here and those that were not, O' Father, those that may have been missing their partner from being here, O' Lord, or those that couldn't be here, O' Lord.

00:45:06

Every member of the ark of salvation, O' Lord, we extend that prayer out onto them, O' Lord, that thy anointing, O' Lord will cover their home, O' Father. We just rebuke, O' Lord every attack of the enemy, O' Lord against every households O' Lord, strongholds that may have been setup at homes, O' Lord, we just pull them down, O' Lord, with the blood of Jesus and in the name of Jesus, O' Lord.

We pray, O' Lord that as they go back to their homes, O' Lord, they'll find a renewed passion, O' Lord, a renewed love, O' Lord within their hearts, O' Lord. We pray, O' Lord spirit of forgiveness, O' Lord and every heart, O' Lord for couples that

may have been holding hurts from the past, O' Lord. We pray, O' Lord, that they'll let it go, O' Lord, let it go, O' Lord right now. Let it go, O' Lord that they'll move into their destiny, O' Lord that they'll have the type of marriage that you intended for them to have, O' Lord. We just thank you Lord, for marriage, O' Lord and relationships, O' Lord.

We pray, O' Lord, for those that haven't found their right one yet, O' Lord. We pray, O' Lord, that even sitting under the teaching, O' Lord that you would lead them, O' Lord until the right one, O' Lord that you'll stir something up with them when they see them O' Lord and it will be reciprocal in the other party, O' Lord. We thank you, Lord. Thank you for marriage, O' Lord. Thank you for making it good, O' Lord and for keeping it good. In the name of Jesus, we pray. Amen.

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(Music Playing)

00:47:04